

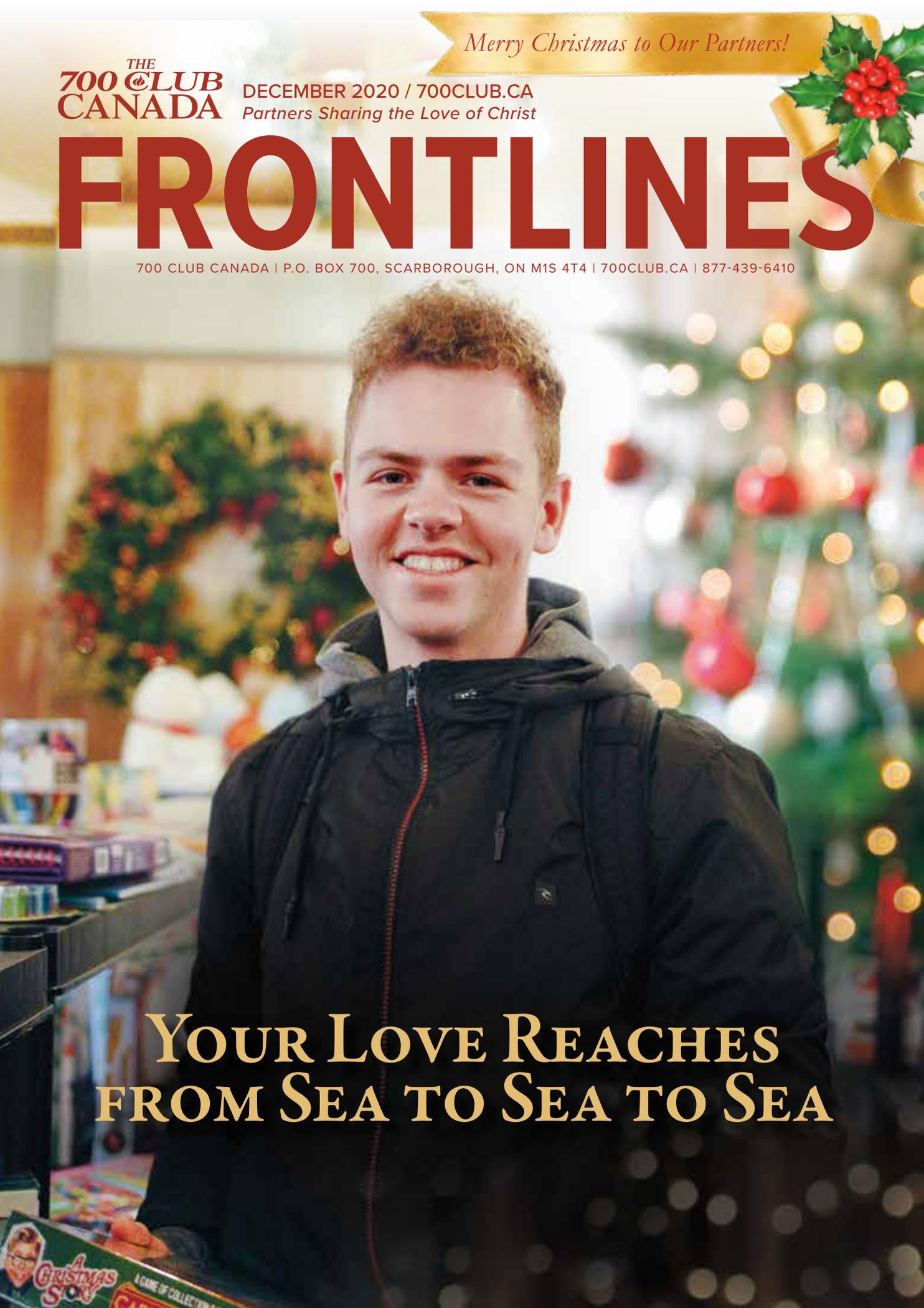
Merry Christmas to Our Partners!

THE
700 CLUB
CANADA

DECEMBER 2020 / 700CLUB.CA
Partners Sharing the Love of Christ

FRONTLINES

700 CLUB CANADA | P.O. BOX 700, SCARBOROUGH, ON M1S 4T4 | 700CLUB.CA | 877-439-6410



**YOUR LOVE REACHES
FROM SEA TO SEA TO SEA**

STUDIES REVEAL DAMAGING EFFECTS OF SUGAR

Young children and COVID-19 patients at risk

It's fairly common knowledge that sugar is dangerous and can lead to obesity and certain health problems. But did you know that it is especially dangerous for developing children?

Dr. Michael Goran, USC Professor of Pediatrics—and Program Director for diabetes and obesity at Children's Hospital Los Angeles—explains in his book *Sugarproof* that growing children are “more vulnerable to those damaging effects of sugar.”



Sugar has been linked to the damaging effects of inflammation.

Not only do children with a sugary diet perform worse in school and have trouble concentrating, but they are more likely to develop type 2 diabetes and fatty liver disease, a fairly new medical discovery where fats can get stuck in the liver, ultimately leading to disease.

In addition, a more recent study revealed that a high-sugar diet can increase complications of COVID-19.

Sugar can lead to inflammation in the body and, according to Dr. Goran, “When you have that low-grade inflammation across the body, when you actually get an infection, like from COVID-19 ... the body responds to the low-grade inflammation throughout the body instead of just attacking the COVID.”

So what can you do to protect your family from the unhealthy, and in some cases deadly, effects of sugar? For starters, Dr. Goran recommends easing off of sugar by cutting back on sodas and sweets, watering down fruit juices, and cooking with natural sweeteners such as dates, dried fruit, bananas or apples.

To learn more, go to CBN.com and enter “Sugarproof” in the search box. Before making any changes to your diet and overall health regimen, please consult your doctor.



The gift of Peace of Mind

When asked, people stated ‘Peace of Mind’ as the number one benefit of completing their Will and Estate Plan. The satisfaction of knowing that your goals, values and faith are reflected in your Will can ease your mind and heart.

We have partnered with Advisors with Purpose to help you get started. Their trained estate specialists will meet with you by phone, listen to your wishes and hopes for future generations and then provide you with information and a plan that will help you make the best decisions for you and your family. *Because of our partnership with them, this service is free and confidential and there is no obligation to you—and they will never sell you any product.*

Contact them today to speak to an estate specialist.
1.866.336.3315 | plan@advisorswithpurpose.ca





You spread joy at Christmas through the Gifts of Hope Christmas Hamper program.

YOUR LOVE REACHES FROM SEA TO SEA TO SEA

By this all will know that you are My disciples, if you have love for one another.

JOHN 13:35



Thank you for spreading our Saviour's love across Canada this Christmas! You make it possible for the 700 Club in Canada to link arms with like-minded ministries—providing food, clothing, shelter, counselling, educational opportunities, and life's necessities to people in desperate need. Here are some updates from our partner ministries.

Prison Fellowship Canada

Through Giving Tuesday, you are giving 700 indigenous children of incarcerated parents in Northern Canada special personalized Christmas gifts, including a Superbook episode of "The Promise of a Child."

"We arrived at the child's house to deliver a gift on behalf of a parent who was in prison. 'From my DAD?,' she replied,

a huge smile on her face. "THANK YOU!" It was so encouraging to see her face light up when she realized that her father had remembered her."

Teen Challenge: Ontario Women's Centre

"The gift we received from the 700 Club Canada came at a critical time and because of your generosity; our doors have remained opened during the pandemic and you have put women who are struggling with addiction on the path to permanent transformation."

Union Gospel Mission

"Your generous donations have allowed us to continue the Gifts of Hope Christmas Hamper program for the last six years, assisting families, seniors and singles with much of what we take for granted over the holidays."

The Arctic Hope Project

"You are helping to reduce the alarming statistic that Inuit youth living in Nunavut are four times more likely to be sexually abused than other Canadian youth. Thank you for inspiring hope and working for personal change in Inuit youth and the community by developing youth leaders and providing effective cultural counselling through three-day workshops to strengthen their emotional and mental resilience."

Yonge Street Mission

"Your generosity has been fundamental to us being able to offer essential relief services to families in need, street-involved youth, and adults experiencing chronic poverty."

SafeHope Home

"Thank you for breaking the cycle of exploitation by providing young women a comprehensive long-term recovery program with housing, education, counselling, life skills, and job training. This year you are giving these women a Christmas to remember in a safe, loving environment."

Almond Tree Ministries

"Your support at Christmas ministers to the Key First Nation in Saskatchewan. We work to meet the needs of Aboriginal and non-Aboriginal prisoners, residential school victims, and children of prisoners with the ultimate goal of seeing them reconciled to Christ, their families and their communities."

You also proclaim the Gospel through Christ-centred programming, feed the needy, offer medical care to the sick, and much more.

The gifts you are giving to others this Christmas make an eternal difference. *Thank you for all the good you do!*

With your support, children of incarcerated parents receive Christmas gifts.



God Is With Us

by LORIE HARTSHORN

Host, *The 700 Club Canada*



2020 will be the year we will never forget! The year of COVID-19. The year of restrictions. The year of isolation and quarantine.

What comes to your mind when you reflect on this past year? I hope it isn't only COVID. In fact, I trust that you can take time to pause and count the ways God showed up! Maybe it was in a quiet moment that you experienced His presence. Or perhaps, in the busyness of your day while you were trying to juggle work and family all while wearing a mask. God provided; God protected. God was with us.

It's easy to focus on the trouble around us but Scripture reminds us that no matter our circumstances there is one great promise we can rely on: God is with us! This is the truth of Christmas. *Immanuel*—God With Us!

The birth of Jesus is God Himself entering our broken world and being with us.

The birth of Jesus is God Himself coming to His people to call His children back.

The birth of Jesus is God Himself choosing to set aside His rights and privileges, and become human. The birth of Jesus is *Immanuel*, God With Us!

The virgin will conceive and give birth to a son, and they will call him Immanuel (which means "God with us")
Matthew 1:23.

This is the greatest truth of our lives. God is with us! No matter what we are facing, or what our world is going through, God is with us.

Let this truth encourage you as you celebrate the birth of Jesus and live each day in light of it.

Scripture is quoted from the NIV.

We're here for you 24/7.
Call 855-759-0700, or go to
700Club.ca/Prayer

MARK YOUR CALENDAR

DECEMBER SPECIAL HIGHLIGHTS

WATCH AND BE AMAZED



FINALLY FINDING HOPE

Josh had never known anything other than depression. Grasping at any sort of hope, he found relief from his depression not from his MBA or his successful career, but in the last place he looked. You won't want to miss his testimony.



BREAKING FREE

Sarah wanted nothing more than to be a better mom than her own drug-addicted mother. But after a teen pregnancy that ended in a stillbirth, she quieted her pain with drugs. Fully addicted, she knew that she couldn't get clean by herself. Watch and see how Sarah found her way out.



FINDING BALANCE

Growing up with unhealthy food choices, Haylie became obsessed with losing weight. Even after losing 80 pounds, she continued to lose weight until she realized that she had a problem. Watch her journey as she learned how to find balance and a healthy lifestyle.



FREEDOM FROM DEBT

Michael and Sonya were shocked when they realized that they were \$119,000 in debt. They knew something had to change, so together, they decided to alter their lives and habits. Tune in to see how they paid off all of their debt.

JOIN US EVERY WEEKDAY

Watch The 700 Club Canada Weekdays:

- VisionTV – Nationwide
10:30 a.m. ET
- FaithTV – Nationwide
9:00 a.m. and 9:00 p.m. CT
- JoyTV 10 – Vancouver
1:00 p.m. and 9:00 p.m. PT



Watch The 700 Club With Pat Robertson Weekdays:

- JoyTV 10 – Vancouver
11:00 a.m. PT
- CBS KREM – Spokane
9:00 a.m. PT
- WUTV TV29 – Buffalo
9:00 a.m. ET
- WNYO TV49 – Buffalo
1:00 p.m. ET
- WMYD Detroit – Southwestern Ontario
9:00 a.m. ET



CHECK YOUR LOCAL LISTING FOR CHANNEL AND TIMES IN YOUR AREA.

follow 700 Club Canada



Celebrate Christmas this year with your CBN family.

We've prepared a place for you to watch inspiring, meaningful and heartwarming holiday content.

Join us on the CBN Family App to find:

- Family-friendly Christmas movies
- Delicious recipes from Gordon, Terry and Wendy
- Christmas music and concert specials
- Real-life holiday miracle stories

Easily download the free CBN Family App for your smart TV, tablet, computer, or smartphone.

Visit CBNFamilyApp.com to learn how and start watching.



Download the CBN Family App Today

THE GOD OF ALL GENEROSITY



"For God so loved the world that He gave ..."

by GORDON ROBERTSON
President and CEO, CBN



At Christmastime, we celebrate the incredible generosity of our God. He gave us what was most precious to Him—His Son!

Jesus tells us in John 3:16, *"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life."*

God gave Jesus, and Jesus gave His life. Dying on the cross, He laid down His soul as an offering for our sin, as prophesied in Isaiah 53:10. Jesus freely gave everything He had. He loved us that much.

Giving is part of the Gospel. It's part of God's wonderful plan. You can give without loving, but you can't love without giving.

And God wants to bless us liberally so that we can bless others. It's a foundational teaching in the kingdom of God and part of the very teachings of Jesus. He says in Luke 6:38, *"Give, and it will be given to you: good measure, pressed down, shaken together, and running over."*

Giving changes people in a fundamental way. When we give, we imitate God, who loved the world so much that He gave us His Son. We imitate Jesus, who loved us so much that He gave up His life. It's all part of saying, "I want to be conformed to Your image" (see Romans 8:29).

Jesus told His disciples something they couldn't have imagined about the Gentiles: *"They will come from the east and the west, from the north and the south, and sit down in the kingdom of God"* (Luke 13:29).

God generously makes us partakers with Abraham, Isaac and Jacob. We've been chosen like they were chosen. And how many more people need to come into His kingdom? Together, let's preach the Gospel and pray for the nations, that they will know the God of all generosity.

God bless you!

Scripture is quoted from the NKJV.

A Superbook Christmas

on YouTube® and the Superbook Kids Bible App

- » **The Superbook Channel on YouTube** will keep the kids and grandkids entertained and inspired from now until Christmas—and far beyond! Join us as we celebrate the holidays with the all-new, hour-long original show, *A Superbook Christmas*, hosted by Miss Tina, star of our new series, *Superbook GizmoGO!* Subscribe to the Superbook Channel, and then get set for adventure with Superbook episodes, special visits with Gizmo, and so much more!
- » **The Superbook Kids Bible App** opens a world of adventure on your tablet, computer or smartphone. Enjoy free episodes, interactive Bible discovery games, archaeology, history, personalized Bible characters, prizes, and a fun daily devotional for kids.



SUPERBOOK



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