

THE
700 CLUB
CANADA

JANUARY 2021 / 700CLUB.CA
Partners Sharing the Love of Christ

FRONTLINES

700 CLUB CANADA | P.O. BOX 700, SCARBOROUGH, ON M1S 4T4 | 700CLUB.CA | 877-439-6410



Jesus, Save Canada!

THE MICROBIOME DIET

Fighting disease with a healthy gut

“There are trillions of bacteria within our gut,” says Dr. Raphael Kellman, author of *The Microbiome Diet*. “They outnumber our own cells 10 to one. That means we’re mostly bacterial cells, and they play a vital role in maintaining our health and improving our health. And when it’s not healthy, it can have an adverse effect on our body.”

For example, Dr. Kellman says, communities of bacteria in our body known as the microbiome are

Take back your health with gut-healthy foods.



altered in those who develop serious effects from the COVID-19 virus. So it’s important to keep gut bacteria healthy by taking probiotics and prebiotics. He also recommends taking vitamin D to prevent viruses and disease in general.

“Everyone should be taking vitamin D,” he explained, “and many people have a zinc deficiency.” For this reason, Dr. Kellman recommends a multivitamin that contains zinc.

Diet also matters. He says it’s critical to focus on healing the gut with microbiome superfoods like jicama, Jerusalem artichokes, leeks, and fermented foods, along with a more plant-based diet in general. This is critical because the gut plays a significant role in both physical and mental health.

“If you start eating like this, you’re not going to want the typical American diet,” says Dr. Kellman. “You’re just not going to desire unhealthy foods, because when you regulate your bacteria, it will cause you to want to eat healthy foods. We are born to eat healthy foods, and that desire is linked to the healthy bacteria.”

This information is not medical advice. Consult your physician before taking a supplement or changing your diet.

MAKE HEALTH AND WELLNESS A PRIORITY

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WRITE A WILL

OR YOU CAN
LEAVE A LEGACY

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Jesus, Save Canada!

Will you be part of our dreams and visions?

"In the last days," God says, "I will pour out my Spirit upon all people. Your sons and daughters will prophesy. Your young men will see visions, and your old men will dream dreams" (Acts 2:17 NLT).

God is on the move in Canada, and it is our greatest passion to declare the work of God from sea to sea to sea. "Jesus, save Canada!" is the heart cry and calling of *The 700 Club Canada*. We thank you in advance for being a cherished part of our family. Never forget: **Your prayers and partnership are the keys to this ministry.** You continue

to make it possible to reach Canadians with the message of God's love and power to transform lives. Now, let us take you behind the scenes of our ministry—your ministry!

700 Club Canada was birthed through prayer and partnership with Pat Robertson and CBN, the Christian Broadcasting Network. We share the same mandate: to reach everyone in Canada with the Good News of Jesus and His kingdom, in both word and deed.

Prayer is our foundation!

Everything we do is undergirded by prayer. Our **prayer centre operates 24/7**, providing prayer and resources to thousands of people each month.

The daily television program has been airing for nine years, and behind every segment there is much prayer and preparation by a team of godly people—beginning with our office staff, who respond to your calls and acknowledge your generous gifts.

God is moving across Canada!

Our greatest desire is to tell the story of what God is doing in Canada. Our hosts spend much time in **prayer and preparation** to provide you with powerful, life-changing stories, interviews, and Bible teaching. We are tellers of God's Good News in a time where most of the media is focused on bad news. Our wonderful privilege is to **pray daily for our viewers**.

Partnership!

We not only proclaim the Good News, but we also demonstrate the Good News through partnerships with kingdom-minded Canadian ministries that are meeting the physical, emotional, mental and spiritual needs of people—in Jesus' name. Many of our partnering ministries serve the vulnerable, the exploited, and those who live in underprivileged areas in Canada.

Our dream and vision: Prayer and Partnership!

With your continued prayers and partnership, and with God's blessing, we will expand our outreach in 2021. Together, we can serve even more people in Canada. We invite you to share in our "dreams and visions" for our beloved nation.

- **More Canadians will hear the salvation message** as more stations carry *The 700 Club Canada*. Television is a vital medium that enables us to reach many remote areas.
- **New audiences will hear about Jesus through our social media platforms**, like Facebook, Instagram and YouTube. We want to expand this highly interactive evangelistic outreach to a new level.
- **We will join hands with even more like-minded partnering Canadian ministries.**

Therefore, we welcome your prayer and partnership in 2021 to accomplish this mission—as together we cry out, "Jesus, save Canada!"

follow 700 Club Canada



THE 700 CLUB CANADA

The Lord Has Helped Us

by LORIE HARTSHORN

Host, *The 700 Club Canada*



2020 is certainly the year we will never forget. Before we rush into a new year I encourage you to pause and look back. You may be

thinking, "I just want to move on." I get it, but I have found that it's just as essential to look back, as it is to look ahead. We aren't looking back wishing we could change things, although that may be our true sentiment. We look back to see how God has helped us.

When I count three ways that I saw His help, here would be my list:

1. He gave me His peace and protection throughout the pandemic.
2. He provided me with a slower pace of life that gave me more room for Him.
3. He filled me with greater love and compassion towards those that suffer, and I saw many people turn to Jesus for the first time.

What would your list look like?

Looking back gives me greater clarity as I look ahead to 2021. Here's what I'm asking the Lord for this coming year:

1. Continued peace and protection throughout the pandemic.
2. A greater capacity to love others and to share the Gospel.
3. A heart of gratitude and contentment no matter what comes my way.

What will you ask the Lord for?

My encouragement to you for this coming year is found in Psalm 37:5.

Commit everything you do to the LORD. Trust him, and He will help you (NLT).

Take time to look back and to look ahead and purpose in your heart to commit everything to the Lord. Keep on trusting Him and you will have many ways to count how He helped you.

We're here for you 24/7.
Call 855-759-0700, or go to
700Club.ca/Prayer

MARK YOUR CALENDAR

JANUARY SPECIAL HIGHLIGHTS

WATCH AND BE AMAZED



FROM ADDICT TO ENTREPRENEUR

Mike Lindell is known today as the man behind MyPillow, but he hasn't always been so successful. Witness his story of how he went from a drug addict to the man of God he is today.



RENEWED BY PRAYER

Ammie, who had once been a strong believer, had turned away from God in order to do what she wanted. But dealing with mental illness and feelings of rejection, she had nowhere else to turn but prayer. Watch and see how it changed her.



HEALED FROM COVID-19

Angela found out that she had COVID-19 while pregnant with her daughter. What started off as a simple illness turned deadly. Her family reached out for prayer. You won't want to miss how her story goes.



BEST-CASE SCENARIO

When Matt suffered a seizure, he thought it would be nothing. But when he was diagnosed with a brain tumor, his perfect world was turned upside down. Watch his incredible story of faith.

WEEK OF HOPE

JANUARY 11 – 15

We know that this is a challenging time for many. So we are here to offer you some hope.

Join us on *The 700 Club Canada* for an entire week devoted to issues facing many Canadians today.

We'll be joined by Psychologist Dr. Merry Lin, Psychotherapist and Mental Health Specialist Harrison Mungal, and Counsellor Andrew Blackwood for an in-depth discussion to equip you to handle issues like stress, depression and anxiety during these unprecedented times.

Don't miss this important week!



JOIN US EVERY WEEKDAY

GREAT NEWS! THE 700 CLUB CANADA IS NOW ON THE MIRACLE CHANNEL AT 9:30 A.M. MT.



Watch The 700 Club Weekdays:

- VisionTV – Nationwide
10:30 a.m. ET
- FaithTV – Nationwide
9:00 a.m. and 9:00 p.m. CT
- JoyTV 10 – Vancouver
1:00 p.m. and 9:00 p.m. PT
- The Miracle Channel
9:30 a.m. MT



Watch The 700 Club With Pat Robertson Weekdays:

- JoyTV 10 – Vancouver
11:00 a.m. PT
- CBS KREM – Spokane
9:00 a.m. PT
- WUTV TV29 – Buffalo
9:00 a.m. ET
- WNYO TV49 – Buffalo
1:00 p.m. ET
- WMYD Detroit – Southwestern Ontario
9:00 a.m. ET



CHECK YOUR LOCAL LISTING FOR CHANNEL AND TIMES IN YOUR AREA.

BECOME THE PERSON GOD MADE YOU TO BE



A New Year's Prayer That Will Change Your Life

by GORDON ROBERTSON
President and CEO, CBN



As we begin a new year, it's wonderful to know that God makes us new!

We are *fearfully and wonderfully made*, says Psalm 139:14, and Genesis 1:27 tells us we are made in God's image.

Sadly, sin interferes with His perfect plan—but when you give your life to Jesus and trust in His forgiveness and grace, you are transformed. You're not changed into something completely different from yourself; rather, He makes you what you were originally created to be. You truly become you!

With this transformation come the good things that He has in store for you and the good works that He has for you to do. As Ephesians 2:10 says, *For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.*

These plans are made uniquely for you by an all-wise

God. They will show you His path, give you hope, fill you with purpose, and satisfy the desires of your heart.

The world wants people to think there's no hope and no future. But in God's kingdom, that's not true!

You are His beloved child, fearfully and wonderfully made in His image. He takes you from an ash heap, puts a crown on your head, and makes you part of His royal priesthood. That is God's truth, and that is what He wants for you.

So start this new year by praying, "God, I want everything that You have for me. I want to fulfill my purpose and all that You have laid out for my life. I don't want to miss out on anything. I want every good thing that you have for me in Christ Jesus."

When you pray that with all of your heart, He will answer. God bless you!

Scripture is quoted from the NKJV.

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