

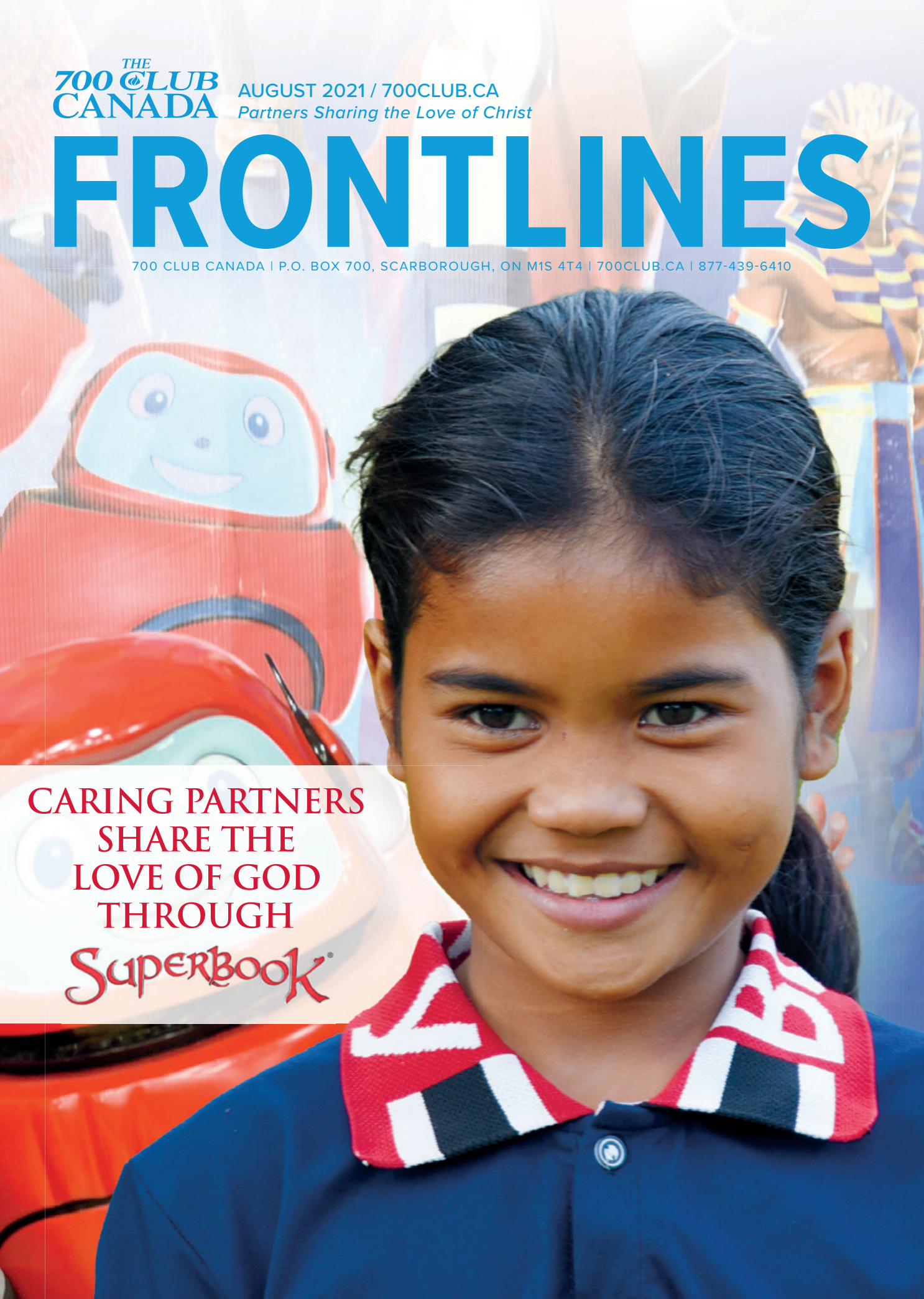
THE  
700 CLUB  
CANADA

AUGUST 2021 / 700CLUB.CA  
*Partners Sharing the Love of Christ*

# FRONTLINES

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CARING PARTNERS  
SHARE THE  
LOVE OF GOD  
THROUGH  
*Superbook*





# How Do You Suffer?

by BILL MARKHAM

Co-Host, *The 700 Club Canada*



That may seem like a really odd question, but it is one that James, the brother of Jesus, explores in the book

bearing his name. He challenges his readers to *consider it pure joy ... whenever you face trials of many kinds* (James 1:2 NIV). As I read these words, I ask myself, “How is this possible? Why should I do this? What will be the result?”

James begins by stating the reality that suffering is a part of life. He uses the word “trials.” We all have our own battles to fight and these battles expose what we really believe about God, our situation, and ourselves. For this reason, James claims that it is these trials that can actually strengthen our character, our resolve, and our faith.

James reminds us that if we are willing to persevere (James 1:3-4) we will not only find victory in our current battles, but we will be stronger for future ones. The word *perseverance* carries the image of a soldier in training who carries a heavy pack in the intense heat to build up endurance. It is the heavy training, or “trials,” that make him faster and stronger; they actually make him better.

So, what should you do when you face suffering? James says you should ask God for wisdom. In other words, trust in God’s character and His Word (James 1:5-7). If we do this, we will receive the crown of life (James 1:12). We will have joy in knowing that we overcame and became stronger as a result. We will receive the reward of a life lived well.

# YOUR BRAIN HEALTH

How managing your thoughts can improve your life

As a guest on the CBN News program *Healthy Living*, Dr. Daniel Amen shared how you can be happier by managing your brain health. He is a Christian, a psychiatrist, and the author of *Your Brain Is Always Listening: Tame the Hidden Dragons That Control Your Happiness, Habits, and Hang-Ups*.

The dragons are thoughts that sabotage your well-being, and he offers tips for managing them.

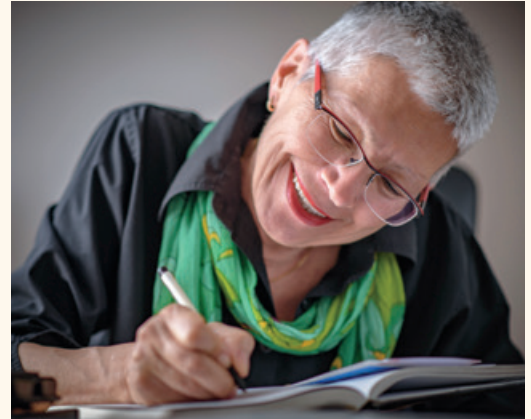
In an interview with medical reporter Lorie Johnson, Dr. Amen recommended writing down your thoughts whenever you feel sad, mad, nervous, or out of control—and then asking yourself if it’s true. This helps in the process of controlling what goes on in your mind.

Dr. Amen has been doing brain scans for 30 years with some eye-opening results.

“What we found is your moment-by-moment thoughts either make your brain work better or they make your brain worse. That when you focus on what you love about your life, your brain is healthier,” he explained. “When you focus on what you’re afraid of, what you’re angry about, it actually drops the function in your frontal lobes, so your decisions aren’t going to be as good.”

One strategy from his book includes positivity bias training, which trains your brain to look for the bright side.

“Whenever I go to bed at night, I ask myself, ‘What went well today?’ And it’s a treasure hunt every night,” he said. “I’m on a treasure hunt to just look for the small moments, I call them micro moments, of happiness, because I’m nudging my brain to look for what’s right rather than what’s wrong.”



Learn how you can train your brain to think positively.

## A Lasting Impact



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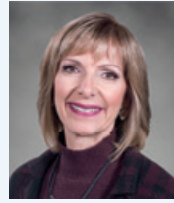
## 700 CLUB CANADA PARTNERS SHARE THE LOVE OF GOD THROUGH SUPERBOOK

It started as a bold undertaking by CBN—bringing the stories of the Bible to the children of the world, and thanks to 700 Club Canada partners, that vision has become a reality across Canada as well. Since the relaunch of Superbook by CBN, the children’s animation series has grown by leaps and bounds. Today, Superbook episodes have been translated into 61 different languages, with new languages being added all the time!

*Superbook*<sup>®</sup>

# How Do I Put God First?

by LORIE HARTSHORN  
Co-Host, *The 700 Club Canada*



Deuteronomy 14:23 says, *The purpose of tithing is to teach you always to put God first in your lives* (TLB).

It doesn't get much more straightforward than that. The tithe teaches me to put God first. I can't think of a more tangible and practical way to put God first in our lives than making a conscious choice with our money.

You might be thinking, "Do you realize that's 10 percent? Do you know what that would take? I mean, we would have to rearrange everything! I would have to reprioritize and make major changes to put God first! Is that what you are telling me?" Yes! That's exactly right. Following Jesus is about reprioritizing life around God's agenda. The tithe teaches us to put God first.

A lot of people want to follow God but keep their finances to themselves. It's like we're being baptized while holding our wallet out of the water... like we're saying, "God, I'll follow You in all these areas, except when it comes to money." The irony is that He promises to take care of us and even bless us when we give.

*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work* (2 Corinthians 9:7-8 NIV).

Don't hold back anything from God—not even your finances. Tithe generously and enjoy the fruit of your giving as you put God first.

Each day, more children and families are discovering Superbook right here in Canada through the Superbook Kids Bible app, and we've heard from a number of them who can see the difference it has made in their lives!

Here are some of the children who discovered the Gospel through Superbook because partners like you cared enough to help.

"Thank you for blessing my sons Ethan and Elliott with a special Superbook package. We have been very blessed with many hampers from people from the community that show us God's love. The Superbook package was so special because they love God so much and are eager to learn more about Him." –Ellis in Alberta

"I love all you do. My kids and I watch Superbook and we LOVE it! I want to know how we can get the newer episodes as well, as we have watched all they posted on YouTube. God bless all you do, and may He bless you more abundantly in 2021. Thank you for being His instrument of love." –Rafaela in Ontario

## LOOKING TOWARD A BRIGHT FUTURE

Thanks to you and your support, Superbook has become one of the most effective evangelism tools ever used by CBN. There is still more work to be done in bringing children the truth of God's Word! That is why CBN has recently begun producing a new Superbook series titled *GizmoGO!*, an animated show for younger audiences. Because of partners like you, a whole new generation will be introduced to the Bible in a fun and captivating way.

Here in Canada, we want to ensure that every child has the opportunity to learn about God's love and to understand that even at a young age, they can have a relationship with Him.

Matthew 19:13-14 reminds us how important it is for us to share the Gospel message with our children and those around us. *Then people brought little children to Jesus for him to place his hands on them and pray for them. But the disciples rebuked them. Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."*



Thank you for being a source of light and love for those around. May God bless you.



# MARK YOUR CALENDAR

## AUGUST SPECIAL HIGHLIGHTS

### WATCH AND BE AMAZED



#### HEARING GOD

Hedieh spent her life chasing a god she could never find through Islam. But the moment she gave up was the moment she found the path to the true God. You won't want to miss her testimony.



#### JUST BREATHE

Jacob had been given a death sentence. With a large tumor taking residence in his skull, he had only five years to live. But Jacob went to Scripture and appealed to God. Watch his incredible story.



#### A NEW WOMAN

Lisa hated herself after childhood abuse led her to a life of drug addiction and prostitution. But a random meeting at a deli led to an incredible change. See how a single moment turned her life around.



#### CONFRONTING ADDICTION

A devastating car crash led Cheryl to become addicted to pain pills. Soon she lost nearly everything in her life. When she realized that she needed help, it came from the most unexpected place. Watch and be inspired.



AIRING EVERY FRIDAY

Viewers can email questions to:  
[CBA@700Club.ca](mailto:CBA@700Club.ca)  
or go to the website:  
[700Club.ca/AskAnything](http://700Club.ca/AskAnything)

### The 700 Club Canada Hosts Answer YOUR Questions

#### How important is it to fast?

**LORIE:** It's really important—and not something that we necessarily want to do. Fasting is actually a tool. It helps us change our hearts before God and offer more of ourselves to Him. Romans 12:1 says, *Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship (NIV).* Fasting is an act of worship that changes your heart. It makes you more fully aware of God and your need for Him. When we allow ourselves to feel empty, to allow hunger and pain to come to the surface, that enables us to then invite Jesus to heal us. A fast can be abstaining from an activity or time on social media. Put something aside so you can spend that time with God.

## SUPERBOOK FUN AT YOUR FINGERTIPS

### Get easy access on YouTube and the Superbook Kids Bible app

Kids and grandkids will love the fun they find when they subscribe to the **Superbook Channel on YouTube**. They'll see Superbook episodes, special programs, visits with Gizmo, and so much more.

The **Superbook Kids Bible app** is loaded with free episodes, interactive Bible games, prizes, and fun daily devotionals. It's great entertainment that builds a strong biblical foundation in young lives.

**Superbook**

[YouTube.com/SuperbookTV](http://YouTube.com/SuperbookTV)  
[CBN.com/SuperbookBibleApp](http://CBN.com/SuperbookBibleApp)



# THE POWER THAT NEVER FAILS



God ... is the one who gives power and strength to his people. —Psalm 68:35

by GORDON ROBERTSON  
Chairman of the Board, CBA  
President and CEO, CBN



**W**hat is God looking for in us? He's looking for faith. We often think of faith as just a noun, but it's also a verb—when you act on your faith.

One of the great miracles in the New Testament happened when some people lowered their friend who was paralyzed down through the roof to be with Jesus. And Mark 2:5 records this wonderful phrase: *When Jesus saw their faith.*

Faith is visible to God. He sees when you believe.

Many times faith is a process. Often on *The 700 Club*, people hear a word of knowledge and say, "That's for me; I'm going to take that"—and they have an instant reaction. Their bodies respond immediately.

Why? Because God's power is always on. His healing is always available. The cross is always available to you. As 1 Peter 2:24 says, *He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed.*

His power is constantly there; it's not something He turns on and off. And faith accesses that incredible power.

If someone has been healed and then feels a twinge of pain, it's easy for worry and unbelief to set in. The person may be tempted to think, "Oh no, I've lost my healing." But instead, we should say, "I haven't lost anything. I haven't lost God. I haven't lost Jesus. I haven't lost His power. I'm going to act on my faith."

Now, what medical condition are you facing? God's power is right there for you. It's always on. His power doesn't flicker or waver. What you need is to believe, and to rely, and to trust, and to act on your faith. Don't allow doubt to creep in. So let's believe, and the Lord will do all the rest.

God bless you.

*Excerpted from a teaching on The 700 Club. Scripture is quoted from the ESV.*

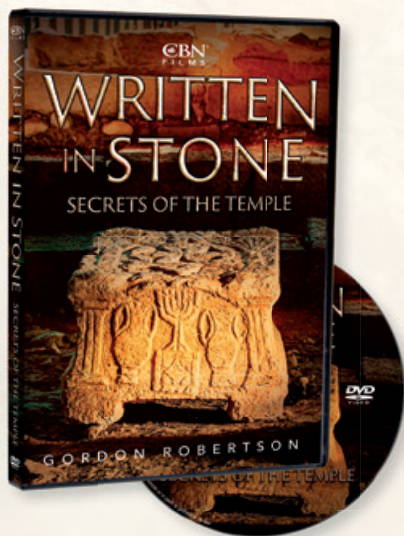
NEW FROM CBN FILMS ON DVD & 4K STREAMING

## WRITTEN IN STONE SECRETS OF THE TEMPLE

Why has the most important archaeological site in the Holy Land never been excavated? Why did Herod, who was not Jewish, rebuild the Temple—a sight unrivalled in the ancient world?

Find the answer to these questions and more in the brand-new production from CBN Films—*Written in Stone: Secrets of the Temple*. Join host Gordon Robertson on an archaeological journey, revealing discoveries that confirm biblical accounts of the holy Temple and illuminate places where Jesus walked and ministered.

**Call 877-439-6410 to request your DVD copy,  
or visit [700Club.ca/SecretsOfTheTemple](http://700Club.ca/SecretsOfTheTemple).**



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