

THE  
700 CLUB  
CANADA

SEPTEMBER 2021 / 700CLUB.CA  
*Partners Sharing the Love of Christ*

# FRONTLINES

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A TIME TO

*Reset &  
Refocus*



# A Christian Response to Terrorism

by BILL MARKHAM

Co-Host, *The 700 Club Canada*



As I reflect on the twentieth anniversary of the 9/11 attacks, I am reminded that corrupt leaders have always used terror as a tool for intimidation and subjugation. In the face of these threats, how are we as followers of Jesus to respond? In Matthew 5 Jesus said, “*You have heard that it was said, ‘Eye for eye, and tooth for tooth.’ But I tell you, do not resist an evil person. ... You have heard that it was said, ‘Love your neighbour and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you.*”

At first glance these words seem unreasonable and impossible. How could He say this? I believe His words were deeply rooted in the truth that it is only God’s love that is going to change anything. Repaying evil with evil just perpetuates the ugly cycle of pain and suffering.

What I appreciate most about Jesus is that He didn’t just say this, He lived and died for it. It was in His crucifixion, which was literally state-sponsored terrorism, that love won. On the cross He made a daring declaration; “Father, forgive them for they don’t know what they are doing.” He proved that love is the only way to destroy hatred.

Today this is one of our greatest opportunities. In the face of terrorism, we can choose to be people of God’s love—to trust and believe that He will bring justice and restoration.

*Scripture is quoted from the NIV.*

# FOOD FOR THOUGHT

## Eating better for a healthy brain

Harvard psychiatrist Uma Naidoo is the author of the book, *This Is Your Brain on Food: An Indispensable Guide to the Surprising Foods That Fight Depression, Anxiety, PTSD, OCD, ADHD, and More.*

In an interview with CBN Health Reporter Lorie Johnson, Dr. Naidoo shared that foods we call comfort foods are harming our brain. As a result, she is one of a growing number of psychiatrists—and other mental health professionals—using healthy foods to treat their patients.

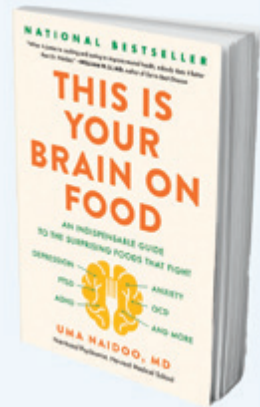
Several studies, including MRI imaging, show that excessive sugar consumption makes depression and anxiety worse. Dr. Naidoo says processed foods are loaded with sugar, even those that don’t seem sweet.

“Unfortunately, things like french fries from fast-food restaurants are actually made with added sugar,” she said. “We don’t taste that, but they’re made to be hyper-palatable.”

Dr. Naidoo recommends adding colorful vegetables, like leafy greens to your menu, which contain folate. “Folate, when there’s a low level in the brain, actually can lead to depression,” she said. She also advises her patients to load up on antioxidant-rich foods like blueberries and green tea—along with healthy fats like olive oil, avocados, and things like salmon and walnuts which contain high levels of omega-3 fats.

Dr. Naidoo believes in addition to relieving depression and anxiety, that this approach can also have a positive impact on post-traumatic stress disorder (PTSD), obsessive-compulsive disorder (OCD), attention-deficit hyperactivity disorder (ADHD), schizophrenia, bipolar disorder, and other mental health challenges.

“It doesn’t exclude the use of medications when needed,” she explained, “but it provides individuals with additional tools in their tool kit to really uplift their mental health.”



## Does your will need an update?

Life changes... maybe your will should too. Marriages, children, new investments, grandchildren, a newly empty nest, moving, retirement, and other life changes can affect your will. You are invited to join us for a webinar hosted by ADVISORS with Purpose that will help

you consider and plan for those changes to make sure your will reflects your life, faith and dreams.

Presented by Lorne Jackson, September 28 at 7 p.m. Eastern/4 p.m. Pacific



We're here for you 24/7.  
Call 855-759-0700, or go to  
[700Club.ca/Prayer](http://700Club.ca/Prayer)

To register, send your name and contact info to  
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A TIME TO

# *Reset & Refocus*

by Andrew Burditt  
President  
The Christian Broadcasting Associates

When I was much younger, I always enjoyed the summer. Once school was done, vacations often began and the days seemed to last forever. Even now, we enjoy time with our families, time with our friends, and after two months you feel refreshed and renewed.

Many wanted the summer to last forever, but I must admit that I also looked forward to September. In Canada we enjoy four distinct seasons, and during this time the weather turns from warm to cool as the fresh air of the fall comes upon us. The leaves change from green to brilliant colours that range from golden to orange and red.

September also marks the return to school, which means a myriad of new experiences and a return to those that are comfortable and familiar. For those of us who attend church, regular programming once again begins. While it keeps us busy, we enjoy the fellowship and the feeling of belonging. The fall has always been an opportunity to reset and ensure we're on the right path.

That feeling is quite strong this year and by God's grace, so many things will once again be available to us as life returns to normal. Probably one of the most significant is the privilege of participating in corporate



*Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honour one another above yourselves.*

ROMANS 12:9-10 (NIV)

worship. We have missed each other and for many of us, being physically together as the body of Christ has been absent from our lives. What a joy it will be to once again be in the same building, praising God as one!

In Canada the fall of 2021 will also provide an opportunity to focus on things that are right and just. Over the past several months, we have witnessed the discovery of hundreds of unmarked graves on the sites of former residential schools. On September 30, 2021, we will observe the first National Day for Truth and Reconciliation, which has been created to honour survivors of residential schools, their families and communities, and to ensure that public commemoration of the history and legacy of residential schools remains a vital component of the reconciliation process. It is crucial to love, to listen, to learn, and support these communities in prayer.

As we reset and focus, please join us as we introduce people to the love of Jesus Christ, and perhaps even use this time to reset our own relationship with Him.

Romans 12:9-10 reminds us of the importance of focusing on love: *Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honour one another above yourselves* (NIV).

Thank you for your focus on love, on others, and on sharing the message of the Good News.

May God bless you.

## SUPERBOOK WITHIN YOUR REACH

The **Superbook Kids Bible app** helps kids grow in biblical understanding while having fun. Enjoy free episodes, interactive Bible discovery games, archaeology, history, Bible character insights, prizes, and an engaging daily devotional for kids.

The Superbook Channel on YouTube will keep the kids and grandkids entertained and inspired whenever they go online. Get in on the fun by subscribing to the Superbook Channel, and then experience adventure with Superbook episodes, special programs with Gizmo, and so much more!



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THE 700 CLUB CANADA

## Peace of Mind

by LORIE HARTSHORN

CO-Host, *The 700 Club Canada*



We all want peace of mind, but daily living seems to rob us of it. We face turmoil in relationships, challenges at work,

health concerns, and the ever-bombarding newsreel of the trouble that is in our world. How do we experience peace in our minds even when there is no peace around us?

Philippians 4:6-7 says: *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and your minds through Christ Jesus.*

The key phrase here is **“let your requests be made known to God.”** It is through prayer that we find peace of mind. Prayer is a supernatural conversation with the God of the universe—the One who is in control, even when things seem out of control. Make your requests known to God, not because He doesn’t know all things, but God knows that when we bring our concerns and worries to Him, it enables us to experience peace. You see the result of prayer in the very next sentence: **“And the peace of God ... will guard your hearts and your minds.”**

I envision approaching God’s throne and literally laying down my worries and my concerns at His feet and then watching Him remove them and replace them with His peace. It’s a beautiful exchange, our worried mind for His perfect peace. It’s a gift God wants to give you. Receive it today. *Scripture is quoted from the NKJV.*

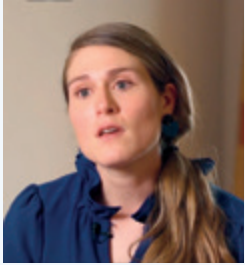
follow 700 Club Canada





# MARK YOUR CALENDAR

## WATCH AND BE AMAZED



### RESCUED FROM TRAFFICKING

Jessa was raised in a cult and brought up to be a sex slave. She wanted nothing more than to end her life, when the voice of God spoke

to her, and she was changed forever. Witness her incredible rescue.



### STANDING ON FAITH

When Tom was diagnosed with a rare form of cancer, his doctors gave him months to live. But thousands prayed and one day, he

noticed something surprising. You won't want to miss his story.



### BACK FROM THE DEAD

Clinically dead for minutes, Jim's chances of surviving a heart attack were slim. But surrounded by prayer, he took a turn that surprised

even the doctors. Don't miss his amazing recovery.



### BROKEN BODY, UNBROKEN FAITH

A deadly truck accident left John fighting for his life, but the prayers of his family led to miraculous results.

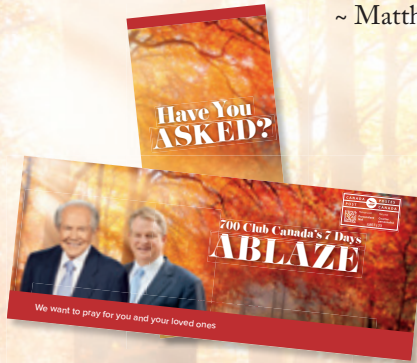
You will want to hear the rest of this inspiring account.

## 7 DAYS ABLAZE

SEPTEMBER 6 – 10

*For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.*

~ Matthew 7:8



Join us as we pray each day for your needs and our nation of Canada. Call in your prayer request at **855-759-0700** or go to our website at **700Club.ca/prayer**.

## SPECIAL PROGRAMMING

SEPTEMBER 27 – OCTOBER 1

Tune in and watch *Honouring the Indigenous Community in Canada*

— Don't miss it! —



## JOIN US EVERY WEEKDAY



### Watch The 700 Club Canada Weekdays:

- VisionTV – Nationwide – 10:30 a.m. EDT
- FaithTV – Nationwide – 9:00 a.m. and 9:00 p.m. CDT
- JoyTV 10 – Vancouver – 1:00 p.m. and 9:00 p.m. PDT
- The Miracle Channel – 9:30 a.m. MDT



### Watch The 700 Club With Pat Robertson Weekdays:

- JoyTV 10 – Vancouver – 11:00 a.m. PDT
- CBS KREM – Spokane – 9:00 a.m. PDT
- WUTV TV29 – Buffalo – 9:00 a.m. EDT
- WNYO TV49 – Buffalo – 1:00 p.m. EDT
- WMYD Detroit – Southwestern Ontario – 9:00 a.m. EDT

CHECK YOUR LOCAL LISTING FOR CHANNEL AND TIMES IN YOUR AREA.

# HOW TO FIND PEACE IN HIS PRESENCE



## *Leaving Worry and Panic Behind*

by GORDON ROBERTSON

Chairman of the Board, CBA

President and CEO, CBN

**W**hen the disciples were in a horrible storm, they woke Jesus to ask, “*Do You not care that we are perishing?*” He simply commanded, “*Peace,*” and the sea became calm (Mark 4:38-39).

Are we at a place of worry and panic, thinking we’re going to perish? Or are we constant in our faith, knowing that with a single word He can deliver us and save us? In the midst of turmoil we need to seek His presence, His Word, and His direction—for they come from no one else.

God is saying, “Come up here. Be in My presence, where all things are possible and I can see you through anything. I am with you and for you. My righteous right hand upholds you. I forgive you, protect you, shield you, provide for you, and heal you.”

How do we enter that realm? Psalm 24:3-4 says, *Who may ascend into the hill of the LORD? Or who may stand in*



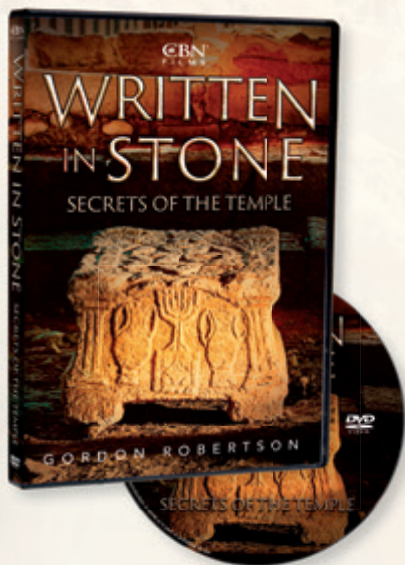
*His holy place? He who has clean hands and a pure heart. When we ask Jesus to wash us clean, we can ascend with a pure heart to the hill of the Lord. And verse 5 promises, He shall receive blessing from the LORD.*

We have an incredible privilege to know God. When we enter into the new covenant of His body and blood, we can sense His presence. We have a new heart to love Him, we have a heart to love one another, and we have a heart to do His will. And what is His will? To preach the Gospel to every nation, tribe and tongue.

So if we occupy ourselves in obedience to Him, we leave behind the concerns of this world and, as Ephesians 1:19 says, we can understand *the exceeding greatness of His power toward us who believe.*

God bless you!

*Excerpted from a teaching at CBN Staff Chapel. Scripture is quoted from the NKJV.*



NEW FROM CBN FILMS ON DVD & 4K STREAMING

## WRITTEN IN STONE SECRETS OF THE TEMPLE

Why has the most important archaeological site in the Holy Land never been excavated? Why did Herod, who was not Jewish, rebuild the Temple—a sight unrivalled in the ancient world?

Find the answer to these questions and more in the brand-new production from CBN Films—*Written in Stone: Secrets of the Temple*. Join host Gordon Robertson on an archaeological journey, revealing discoveries that confirm biblical accounts of the holy Temple and illuminate places where Jesus walked and ministered.

**Call 877-439-6410 to request your DVD copy,  
or visit [700Club.ca/SecretsOfTheTemple](http://700Club.ca/SecretsOfTheTemple).**



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