

THE  
**700 CLUB**  
CANADA

OCTOBER 2021 / 700CLUB.CA  
*Partners Sharing the Love of Christ*



# FRONTLINES

700 CLUB CANADA | P.O. BOX 700, SCARBOROUGH, ON M1S 4T4 | 700CLUB.CA | 877-439-6410

What Are We  
**Thankful**  
For?





# Free to Eat Our Vegetables

by BILL MARKHAM  
Co-Host, *The 700 Club Canada*



Nobody likes rules that are imposed upon them. I think this is why so many people wrestle with some of the

requirements that are found in the Bible. We can be tempted to think that they are restrictive, oppressive and limiting. If you feel that way, I would like to offer another perspective.

When my children were growing up, we wanted them to eat their vegetables... a passion they did not share. I was tempted to do what many parents do and force them to eat them—either through punishment (“you can’t leave the table until you eat them”) or enticement (“I will give you candy if you eat them”). The problem with this approach is that it framed vegetables as being bad, something that had to be endured. Instead, I tried to make vegetables a fulfilling option. I presented the reasons why eating the vegetables were optimal and I didn’t let them sneak junk food in between meals. I also ate all my vegetables.

I think it is the same with God’s law. We often want to punish those who don’t follow the “rules” or entice them with some cheap incentives. The better way is to let God’s law work on my heart. When I let the intent of the law (love) become more important than the letter of the law (religion) people are set free. This is the Jesus way! This is why Paul said *we know that the law is good if one uses it properly* (1 Timothy 1:8 NIV).

## FINDING VICTORY OVER FATIGUE

How healing the gut can increase your energy

If you depend on that afternoon cup of coffee to keep going, you’re not alone. Chronic tiredness is becoming an epidemic. And not just in older Americans.

Dr. Steven Gundry, author of *The Energy Paradox: What to Do When Your Get-Up-and-Go Has Got Up and Gone*, says this rampant exhaustion can be caused by a leaky gut. He says we can stop leaky gut and has devoted the last 21 years in teaching people how to do just that.



*Increase healthy bacteria with probiotics!*

The first step, Gundry says, is to avoid taking antibiotics when not needed. While these lifesaving drugs are sometimes necessary, people should steer clear of using them when they don’t need to, such as to treat a viral infection, he says.

“It turns out antibiotics kill off most of the good bugs in our intestines that actually protect us from leaky gut,” says Gundry.

The next step involves increasing healthy bacteria in the gut, which are called probiotics. These can be found in probiotic supplements and certain foods and drinks such as yogurt, fermented vegetables like kimchi, and drinks like kombucha and kefir.

Dr. Gundry says it’s critical to feed the healthy bacteria in our gut with so-called prebiotics. Healthy bacteria prefer eating fiber, which is in most vegetables including leafy greens, onions, sweet potatoes, and most other foods in a grocery store’s produce department.

Gundry suggests, when possible, avoid taking too many certain over-the-counter medicines such as ibuprofen. He also cautions against the use of antacid medications, also known as proton pump inhibitors, which he said should not be taken longer than two weeks.

*For more information, you can go to [DrGundry.com](http://DrGundry.com).*



## Will Planning for New Canadians

Navigating wills and estates can be challenging for everyone. It can be especially difficult if you are new to Canada and are less familiar with the terminology and the requirements. You are invited to join us for a webinar hosted by ADVISORS with Purpose that will help you better understand and plan for your will with special consideration to those who are first-generation Canadians.

***Presented by Bold Kere, October 20 at 7 p.m. EDT/4 p.m. PDT***

**To register**, send your name and contact info to [register@advisorswithpurpose.ca](mailto:register@advisorswithpurpose.ca)

**We’re here for you 24/7.**  
**Call 855-759-0700, or go to**  
**[700Club.ca/Prayer](http://700Club.ca/Prayer)**



# *What Are We* **Thankful** *For?*

by ANDREW BURDITT

President

The Christian Broadcasting Associates



I grew up with a very close extended family, and together we would celebrate each holiday with food, laughter and games. Thanksgiving was one of those occasions and it was a wonderful time. As children, the cousins played outside, enjoying the fresh, crisp air; then we would sit down and share a meal that often lasted for hours because no one wanted to leave.

As I get older and realize how much I have to be thankful for, I know that I probably took those times for granted. But with a family of my own, those special times have remained, and I still look forward to them with a renewed sense of appreciation.

As Christians, we have so much to be grateful for, but do we always take the time to thank our heavenly Father, and do we take the time to tell others about Him, giving them that same chance to share in His love and provision?



Psalms 107:1-3 reads, *Give thanks to the LORD, for he is good! His faithful love endures forever. Has the LORD redeemed you? Then speak out! Tell others he has redeemed you from your enemies. For he has gathered the exiles from many lands, from east and west, from north and south (NLT).*

At The 700 Club Canada, we have that opportunity to tell others about how their lives can be changed through a relationship with Christ. However, we couldn't do that without the generous support of partners such as yourselves, and for that we will always be thankful.

### Thank you!

Many will be familiar with the old hymn, "Now Thank We All Our God," and I want you to look at the last verse:

All praise and thanks to God  
The Father now be given,  
The Son and Spirit blest,  
Who reign in highest heaven.  
The one eternal God,  
Whom heaven and earth adore;  
For thus it was, is now,  
And shall be evermore.

We often sing these words without thinking, but this year consider the promises held therein: "Who reign in highest heaven, and shall be evermore." **God promises to be faithful to us, and we just have to say yes!**

***What Are You Thankful For?***  
Send us your answer to: [CBA@700Club.ca](mailto:CBA@700Club.ca)

THE 700 CLUB CANADA

## Are You in a Hurry?

by LORIE HARTSHORN

Co-Host, *The 700 Club Canada*



It's a badge of honour in our culture to be busy. In fact, when someone asks how we've been, the classic response is, "busy." Our culture values busyness. But does Jesus? When we look at Him, we see a man on a mission—but not a man in a hurry. He stopped to notice individuals, and He took extended periods of time to talk to His Father in prayer.

Dallas Willard, a theologian, responds to the question, "What must I do to become more of the person God designed me to be?" His simple response was, **"You must ruthlessly eliminate hurry from your life."**

**Hurry is the great enemy of spiritual life.** Wow! Stop and think about how hurry (busyness) is robbing you of a healthy spiritual life and connection with God.

Here's what Jesus says to you and to me in Matthew 11:28-30 from The Message (read it slowly). *"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."*

Live like Jesus. Life has lots of responsibilities, so how do we fulfill them? Not hurried. Working with Jesus... freely and lightly. Let's live more like Jesus and ruthlessly eliminate hurry from our life so that we can live this life with greater ease and grace.

PLEASE JOIN US!

**OCTOBER 25–29**

*Celebrate Partnership Week*

Together, we will recognize our compassionate partners who support The 700 Club Canada and make an impact in the lives of hurting people.



follow 700 Club Canada



# MARK YOUR CALENDAR

## OCTOBER SPECIAL HIGHLIGHTS

### WATCH AND BE AMAZED



#### THE SEARCH FOR TRUTH

Tasha spent years trying different religions, searching for truth, but nothing fulfilled her. She felt increasingly alone until one day she couldn't take it anymore, and tried to commit suicide. But that was only the beginning of her story. Watch and see how God intervened in her life.



#### WHEN ALL ELSE FAILS

When Zach was placed on a ventilator after being admitted to the hospital with COVID-19, his wife feared for the worst. But she did the one thing she knew to do—and it made all the difference. Don't miss this dramatic conclusion.



#### THE WARRIOR OF CHRIST

All Natasha wanted was to belong, but being adopted, she struggled to understand her identity. This led to years of promiscuity and broken relationships. Then one day, she met a professor who told her something she'd never heard before—and it changed everything. Witness her incredible transformation.



#### NOT SUPPOSED TO SURVIVE

When Nate fell from a 10-foot ladder, his brain injury was so severe that doctors said he would not recover. But his family refused to believe it and did the only thing they could—pray. You won't want to miss the rest of his story.

## JOIN US EVERY WEEKDAY

#### Watch The 700 Club Canada Weekdays:

- VisionTV – Nationwide  
10:30 a.m. EDT
- FaithTV – Nationwide  
9:00 a.m. and 9:00 p.m. CDT
- JoyTV 10 – Vancouver  
1:00 p.m. and 9:00 p.m. PDT
- The Miracle Channel  
9:30 a.m. MDT

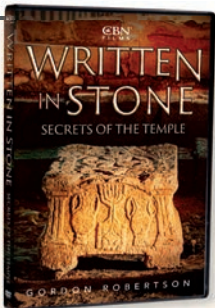


#### Watch The 700 Club With Pat Robertson Weekdays:

- JoyTV 10 – Vancouver  
11:00 a.m. PDT
- CBS KREM – Spokane  
9:00 a.m. PDT
- WUTV TV29 – Buffalo  
9:00 a.m. EDT
- WNYO TV49 – Buffalo  
1:00 p.m. EDT
- WMYD Detroit – Southwestern Ontario  
9:00 a.m. EDT



CHECK YOUR LOCAL LISTING FOR CHANNEL AND TIMES IN YOUR AREA.



#### CBN FILMS PRESENTS

### WRITTEN IN STONE SECRETS OF THE TEMPLE

The Temple Mount, where Herod's Temple once stood, is the most important archaeological site in Israel—and the most disputed piece of land on earth. It has been under Islamic control for centuries, making archaeological excavation impossible. But in and around this ancient location, skilled archaeologists are unearthing treasured artifacts

that illuminate Jerusalem's sacred past.

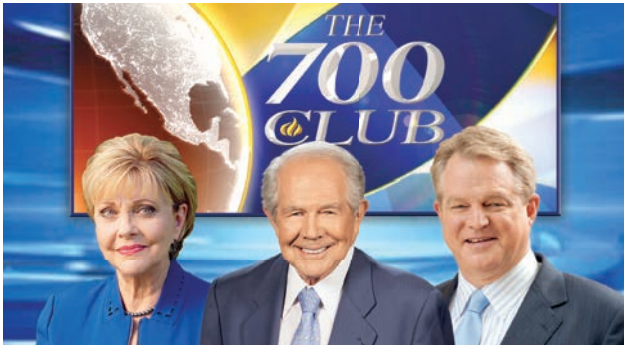
Hosted by Gordon Robertson, *Written in Stone: Secrets of the Temple* offers an extraordinary look into the actual places Jesus visited and what it was like to worship in this holy temple. Don't miss this riveting film that reveals what has been hidden for thousands of years, and today confirms the truths of God's Word.

**Call 877-439-6410 now to get your premiere copy of *Written in Stone: Secrets of the Temple*. Or go to [700Club.ca/SecretsOfTheTemple](http://700Club.ca/SecretsOfTheTemple) today!**

# Step Into the Future With FAITH

60 Years of Broadcasting

by GORDON ROBERTSON  
Chairman of the Board, CBA  
President and CEO, CBN



It's amazing to reflect on the past 60 years and consider all that God has accomplished through CBN, thanks to the dedicated prayers and support of partners like you!

Now, as we look to the future, I believe that you and I are about to come into a whole new appreciation of God's power. He is preparing to give us new designs and new avenues so that, together, we can fulfill Jesus' command: *"Go into all the world and preach the gospel to every creature"* (Mark 16:15).

In our journey, it's important to remain humble before God and trust Him completely. Recently I was reminded of Moses' final sermon to the Israelites just before the people entered the Promised Land.

He tells them in Deuteronomy 9:1-2, *"Hear, O Israel: You are to cross over the Jordan today, and go in to dispossess nations greater and mightier than yourself, cities great and fortified up to heaven, a people great and tall."* He was speaking of the "giants" that the Israelite spies had thought were too big to conquer 40 years earlier.

Soon after Moses' sermon, God did an astounding miracle. The Jordan dried up, allowing the Israelites to cross over into the Promised Land. Yet as Joshua 3:13-17 tells us, the river did not stop flowing until—at God's command—the priests carrying the Ark of the Covenant took the first step into the water!

Today, we are about to come into a tremendous

inheritance that God has stored up for us—great new ways of delivering media to every nation, tongue, tribe and people. This has been our prayer for decades, and He is answering that prayer! We just have to take that first step.

Are we ready for God to do a new thing? You and I simply need to say, "All right, God; You want us to go in and take the land, so we will do it." And Jesus tells us in Matthew 19:26, *"With God all things are possible."*

Everything we have is a gift from God. We can't claim credit for any of it. Our entire future is from the hand of the Lord—and we thank Him for it.

Let's also remember the prophecy that was spoken over CBN decades ago, when my father was dedicating CBN's new studio in Portsmouth. We had gone from a little rundown shoebox studio to a larger place. Even so, it had a metal roof, so the sound of rain would drown out our productions! But it was a big deal, with a \$250,000 construction contract that was more money than we could really think about back in the 1960s.

Harald Bredesen, a longtime friend of CBN and a member of the board of directors, gave a word from God, declaring, "These days shall seem small in light of where I am going to take you."

Here we are, 60 years since CBN was founded and over 50 years after that prophecy, and it is coming true. The technology now exists for us to bring the Gospel to all nations. All we have to do is say yes to the Lord. God bless you!

*Excerpted from a teaching at CBN Staff Chapel. Scripture is quoted from the NKJV.*



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