



Simply Delicious Christmas

with Shaunna Leinster

Healthy Hot Chocolate

Ingredients

- 2 cups of almond milk or other milk alternatives
- 1 heaping tbsp of cacao powder
- ½ tsp arrowroot starch
- 1 tbsp pure maple syrup
- Splash of pure vanilla extract

Method

- Combine all ingredients in a saucepan and simmer until hot.
- Serve with marshmallows.