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Being Thankful
IN ALL CIRCUMSTANCES

Slow Down

by BILL MARKHAM

CO-Host, *The 700 Club Canada*



If you have watched me host *The 700 Club Canada*, you will know that I sometimes have a

tendency to speak a bit too quickly. This has been a challenge for me all my life and I have worked hard, with varied success, at slowing down. When I don't, the message I am trying to communicate can get jumbled or lost. As true as this is about communicating, it is even MORE true in life. My natural tendency is to rush full steam ahead, like a bull in a china shop, into the challenges life throws at me. What I have learned, often the hard way, is that this approach causes unnecessary damage to me and those around me.

This is why the Bible exhorts us to be still and know God (see Psalm 46:10). "Be still"—I don't think this means ceasing all activity, but it does mean that we need to create space in our life to reflect, pray and process what God's best is for the situation we are in. "Know God"—When we know that God has our best in mind and that we can trust Him, it removes a lot of the anxiety around the lie that I need to be in charge and/or have it all figured out.

When I do these two things, it creates an atmosphere for me to simply ask "God, what do you want me to do?" It is in slowing down long enough for God to show me what He wants me to do that I find clarity and confidence to be fully who God has created me to be.

DEALING WITH BRAIN DISEASE

The long-term danger of multiple head injuries

It was once called "punch-drunk syndrome" because it often affected professional boxers. Now we know that millions of people are at risk for a disease called chronic traumatic encephalopathy (CTE). Anyone facing repeated hits to the head can be in danger—including victims of domestic abuse, those in the military, and athletes engaging in contact sports.

Dr. Lee Goldstein, medical doctor and researcher at Boston University's CTE Center, says that "these repetitive insults to the brain accumulate, cause damage to the brain, and then trigger a neurodegenerative disease."

Even in the absence of more hits to the head, the disease can progress to dementia. But more assaults increase the likelihood of CTE disease, so it's essential to avoid any trauma to the head if you have experienced multiple head injuries from contact sports, abuse, or military combat.

Yet the problem is not only in those who have experienced a concussion. Dr. Goldstein explains, "We've been able to show conclusively at this point that the concussion is not a part of the problem here. It's the repetitive head injuries."

Symptoms of CTE can include personality changes such as problems with impulse control, impaired judgment, and violent mood swings. But CTE can only be definitively diagnosed after death. This makes research difficult—dependent upon brain donations from likely victims.

However, Dr. Goldstein does say that his research highlights the importance of getting help for victims of domestic violence. Early intervention in the life of someone being abused can prevent the traumatic consequence of CTE disease.



Have you ever suffered a head injury?



Being Thankful

IN ALL CIRCUMSTANCES



For so many of us, Thanksgiving is about family, good food, spending time outside as the leaves turn, and expressing our gratitude for the abundance of blessings in our lives. It's easy for it to become just another holiday and to take it for granted, especially when things are good.

As Christians, we know that we have so much to be grateful for, and as a result, it's easy to praise God for those positive aspects of our lives. When our family is happy and healthy, and when we achieve professional success, it is natural to offer our thanks to Him for those blessings.

However, do we feel the same way when life is difficult? When we've lost our job, or when we've become

estranged from a relative, our natural inclination is to become bitter, and perhaps even angry. However, Paul reminds us in 1 Thessalonians 5:16-18 (NIV) to live a life of thanksgiving:

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

We need to remember to be thankful in every situation, taking advantage of those opportunities to praise God for every aspect of our lives. God uses those trials for good, and they can strengthen our faith and relationship with Him.

Colossians 3:17 tells us, **And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.**

We are so blessed in the church to have access to a wide variety of worship music. The great hymns of the church contain the promises of God's love, and the newer worship songs are just as effective. Chris Tomlin's "Forever" is taken from Psalm 136 and is a wonderful reminder that God's magnificent love for us will endure, and that we need to give thanks to Him.

Give thanks to the Lord, our God and King

His love endures forever

For He is good, He is above all things

His love endures forever

Sing praise, sing praise

With a mighty hand and outstretched arm

His love endures forever

For the life that's been reborn

His love endures forever

Sing praise, sing praise

Sing praise, sing praise

Forever, God is faithful

Forever, God is strong

Forever, God is with us

Forever

As we celebrate Thanksgiving in 2022, remember to give thanks to God in all circumstances. He loves us, He has claimed us as His own, and that love will endure forever.

May God bless you, and Happy Thanksgiving!



THE 700 CLUB CANADA

Because YOU Say So

by LORIE HARTSHORN

Co-Host, *The 700 Club Canada*



Peter was having a bad day of fishing. He was frustrated and discouraged, which was the perfect opportunity for Jesus

to do a miracle. We read in Luke 5:4 that Jesus tells Peter to throw the nets on the other side of the boat. It was crazy. Peter had grown up around boats, nets and fish. This wasn't how things worked.

But Peter had seen Jesus perform amazing miracles, including healing his own mother-in-law, so he did what Jesus told him.

Simon answered, "Master, we've worked hard all night and haven't caught anything. But because you say so, I will let down the nets" (Luke 5:5).

And the miracle happened. Their nets began to break. They filled two boats so full that they began to sink. All because Peter did what Jesus told him to do.

What a moment for Peter to recognize who Jesus really was. "Because you say so" was good enough for Peter and it should be good enough for us. God wants to do miracles in your life too.

Philippians 2:13 says, **For it is God who works in you to will and to act in order to fulfill his good purpose.**

We need to ask ourselves if we're ready to join in God's work. Think about your circumstances. How has God been working? Has He asked something of you? Perhaps something that doesn't make sense? Say YES to God and make room for His miraculous work in your life, simply because He says so.

Scripture is quoted from the NIV.

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MARK YOUR CALENDAR

OCTOBER SPECIAL HIGHLIGHTS

WATCH AND BE AMAZED



FACING THE FIRE

The SUV Cody was driving exploded into flames after being hit by a truck. First responders were sure the accident would be fatal, but God had other plans. See how prayer made all the difference.



FRACTURED BY REJECTION

Shane never received the love he needed from his abusive father. He tried to ease the pain of that rejection with alcohol, prescription drugs, and heroin. Hear how a series of extraordinary events gave him freedom from his past.



PAYING OFF \$100,000 IN DEBT ON TEACHING SALARIES

Longtime friends Jamie and Jenna were ready to start their lives together, but their combined debt of \$100,000 loomed over their heads. See how saying yes to the Lord brought an end to their debt in just five years.



LOVE'S TRANSFORMING POWER

A volatile temper was shattering Darin's life. Then, while holding his dying son, he had a vision of Jesus and experienced God's unfailing love. See how surrendering his life to Christ brought an end to his destructive anger.

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Watch The 700 Club Canada Weekdays:

- VisionTV – Nationwide
10:30 a.m. EDT
- FaithTV – Nationwide
9:00 a.m. and 9:00 p.m. CDT
- JoyTV 10 – Vancouver
1:00 p.m. and 9:00 p.m. PDT
- The Miracle Channel
9:30 a.m. MDT



Watch The 700 Club With Gordon Robertson Weekdays:

- JoyTV 10 – Vancouver
11:00 a.m. PDT
- CBS KREM – Spokane
9:00 a.m. PDT
- WUTV TV29 – Buffalo
9:00 a.m. EDT
- WNYO TV49 – Buffalo
1:00 p.m. EDT
- WMYD Detroit –
Southwestern
Ontario
9:00 a.m. EDT



CHECK YOUR LOCAL LISTING FOR CHANNELS AND TIMES IN YOUR AREA.



Is your house in order?

**It's not too late to create a plan
for your loved ones or your favourite charity.**

- Do you have a will that is complete and up to date?
- Have you chosen a good executor who is prepared for the job?
- Have you considered a way to transfer your assets to your children or heirs that is best for both of you?
- Have you looked into the tax implications of registered assets and planned for those?
- Have you thought about leaving charitable gifts in your will?
- Have you informed your family about your decisions?

Our partners at ADVISORS with Purpose can help.

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There is no obligation, and no one will sell you anything.

Email plan@advisorswithpurpose.ca.

HOW TO ACTIVATE MUSTARD-SEED FAITH

The Gospel of Christ is the power of God.



by GORDON ROBERTSON
Chairman of the Board, CBA
President and CEO, CBN



If you don't think you have giant faith, don't worry! Jesus says in Matthew 17:20 that we only need a mustard seed. I like to tell people that I don't have great faith—I just know some great facts.

Jesus was born in humble circumstances and lived a sinless life. He was baptized by John the Baptist, who announced, “Behold! The Lamb of God who takes away the sin of the world!” (John 1:29)

Jesus only had three years of ministry and didn't travel far, yet He astounded everyone. He healed all who came to Him and forgave anyone who asked. He saw the faith of those lowering a man who was paralyzed down through the roof and forgave his sins. Then—so they'd know He has that power—He said, “Arise” (Matthew 9:6). And the man walked.

The Lamb of God was crucified for our sins, was raised from the dead, and is now seated at the right hand of the Father, where Hebrews 7:25 says He is

always interceding for us.

These are the facts. Romans 1:16 declares, *The gospel of Christ ... is the power of God to salvation for everyone who believes*. When you announce the Good News, the Word is in you. In John 6:33, Jesus tells us His words are spirit and life. So when we speak His Word, you and I can release the anointing and reveal Him through our words. And Romans 10:17 promises, *Faith comes by hearing, and hearing by the word of God*.

All the experiences I've had, the times I've stumbled and He has raised me up, the things He has delivered and healed me from—all this is the word of my testimony. And the same is true for you. So remember, His Word in your mouth is powerful! It builds faith and breaks bondage. God bless you!

Excerpted from The Lesson with Gordon & Ashley. Scripture is quoted from the NKJV.



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