

FRONTLINES

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Suffering Well

by BILL MARKHAM Co-Host, The 700 Club Canada



We are living in a culture that is in passionate pursuit of a pain-free life. As a result, we measure success and

value based on how good we feel. The problem, of course, is that most of us experience seasons in life where we do not feel good at all and the temptation is to become angry at the fact that life, and maybe God, isn't fair. So, what do we do with that?

Paul writing to the Corinthian church, who shared a similar cultural ideology, reminds them that, We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body. (2 Corinthians 4:10 NIV. Note: For the full impact, read the entire chapter.)

The goal for Paul was not to make life easier, but rather to make it meaningful. He had personally experienced the truth that in the cross we learn that God can turn suffering into victory. Just like oil is produced from pressing olives or a sword is forged on an anvil, suffering can produce something better. This feels counterintuitive; and yet it is truly liberating for those of us who embrace it.

So, the question for Paul isn't whether suffering is good or bad, but rather what is being produced as a result of our suffering. His point is that if we truly believe that God is at work, even in our suffering, Jesus will be revealed in and through us. May we learn to suffer well so that others can see God at work in us. To God be the glory!

We're here for you 24/7. Call 855-759-0700, or go to 700Club.ca/Prayer

CBN NEWS: HEALTHY LIVING

Growing Joung

Reboot your body to reverse aging



Can you really reverse the aging process in a dramatic way? Well, Dr. Michael Roizen, Chief Wellness Officer at Cleveland Clinic—and author of *The Great Age Reboot: Cracking the Longevity Code for a Younger Tomorrow*, his latest book—says yes!

"We now expect that 90 will be the new 40 within 10 years," he states. But what exactly does that mean—and how would that even be possible? Dr. Roizen explains: "It means old age won't be old. So, when you're 90,

you're likely not to just slow aging over the next 10 years, but to get a reboot backward to a younger self."

Sound too good to be true? He says he understands that concept might be hard to wrap our minds around. "It's really why we wrote the book—because it takes people some time to think about it, to plan for, both financially and in health, and then to actually understand what it means for them and their family."

Emphasizing how important our daily choices are regarding nutrition and exercise, Dr. Roizen says to only eat food you love, "but only food you love that loves your body back."

He also cites epigenetics, where specific genes are treated as "switches" that turn off what's unhealthy in the body. "So, those switches that modify whether your genes are on or not, you turn those on, the good ones on, when you exercise."

Isn't it wonderful to know that you can take specific steps today that promote vibrant, youthful living later? Here's to your health then—starting now!

February 28 at 8 p.m. Eastern

-Ray Borg

Money & Your Discipleship Journey

Many of us struggle with money and feel like we never get ahead. We find it difficult to balance our wants, our needs, and our desire to do well. Yet, Jesus calls us to live counter-culturally. He calls His people out of the world's systems and narrative to have a godly perspective. Jesus wants us to walk in freedom and lays out the guidelines to do so. Join Advisors with Purpose as we explore together what the Bible has to say about Jesus' teaching on finances and how our perspective and use of money can affect our walk with the Lord.

To register, please email your name and phone number to register@advisorswithpurpose.ca

With Your Help,

700 Club Canada Partners Spread the Love of Jesus Across Canada

Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment.

And the second is like it: Love your neighbour as yourself."

Matthew 22:37-39 NIV

The 700 Club Canada takes Christ's command to "love your neighbour as yourself" seriously, and through the relationships we've built with you and our ministry partners, this commitment becomes a reality on a daily basis. While we share the powerful story of the Gospel each and every day, we can't do everything on our own, and as a result, we are pleased to work with other likeminded organizations across the country, ensuring that those who need physical, practical, and spiritual assistance, receive it.

Many donors give to the 700 Club Canada with the sole purpose that it is to be used to help fund programs that are managed and operated by our many partners. In fact, last year, more than \$500,000 has been donated and distributed to these wonderful organizations.

The people that they serve are able to find help, peace, and a brighter future because of people like you.

Love Unending Ministries

Love Unending Ministries reaches out to Muslims and refugees with the love of God as they resettle in Canada. The Love Unending Ministries team helps meet physical needs, prepare government documents, provide pastoral care and counselling, and resettle new families. They also assist with translation and outreach. This ministry is passionate about reaching newcomers and helping them integrate into a local church.

CornerBend Ministries

CornerBend Ministries exists to bring hope to the brokenhearted because it matters to God that His love is shared. They believe everyone who grieves deserves to be lovingly supported by compassionate grief companions called Hope Heroes. No one should grieve alone. Their vision is to help those who are grieving feel safe to vulnerably express their grief and feel genuinely supported. Most people are uncertain how to support those who grieve. The fear of doing the wrong thing causes many to do nothing and hopelessness wins.

They offer courses on grief training, books that help people understand how to be there for people who are grieving, and small group training in church ministry, all with the desire to care for the brokenhearted.

Pastor Greg from Calgary, AB, says, "The Hope Heroes course provides solid, foundational insights into how to walk alongside someone who's grieving any kind of loss. I believe its greatest strength is its simplicity. People don't just learn interesting information but have easy-to-





remember ways they can start caring for others. And when many people start putting these simple truths into practice, the culture of the whole group starts to change."

SafeHope Home

SafeHope Home is Canada's only survivor-led, long-term recovery program for women who have been sexually exploited. Their program is designed to support survivors in acknowledging and addressing the factors that contributed to their exploitation and trauma; and assisting them in seeking stability and acquiring the life skills needed to be successful in society upon exiting their exploitive circumstances. SafeHope home believes in taking a holistic approach to healing and recovery. They provide individualized case management. This process includes but is not limited to: supportive housing, day programing, trauma therapy, post-secondary education, and employment readiness.

Your ongoing support ensures that many of these women finish school and receive training. SafeHope Home also offers a full-time nutrition program, helping those that they serve plan their meals and learn how to cook during their stay.

As a 700 Club partner, you are the hands and feet of Christ, helping us to share His love every day by providing much-needed food and living essentials, disaster relief, education, Christ-centred programming, and so much more.

Thank you for your generosity, your support, and your partnership in sharing the Gospel!

THE 700 CLUB CANADA

Satisfaction in This Life

by Lorie Hartshorn Co-Host, The 700 Club Canada



We live in a culture that would suggest the greatest way to live is to learn to love yourself. There is certainly value in loving yourself because you are created and loved by God.

The question is, does that lead to a satisfying and fulfilled life?

As a teacher, I was familiar with Maslow's hierarchy of needs. The theory states that humans are motivated to fulfill their needs in a hierarchical order, from the basic need for safety to the ultimate, more advanced need for self-actualization. This need refers to the desire to reach our full potential. According to Maslow, this need can only be met once all other needs are satisfied. The challenge with this theory is that it is very self-centred and has led people to an empty and often disappointing life. So, what is the solution?

I believe the Bible is always the place to find the answers to life's deepest questions. Is our life about loving ourselves and becoming more selfactualized, or is it about something else? Hear Jesus' words in Matthew 16:

"For whoever wants to save their life will lose it, but whoever loses their life for me will find it" (v. 25 NIV).

Also in Matthew 23:11, Jesus emphasized serving: "The greatest among you will be your servant."

And then we see Jesus' example of how He lived His life. He was the ultimate servant, giving up His very life for mankind.

I believe that when we live a life of serving others—a life of genuinely loving others—then we find ourselves. It is in serving that we are healed and find fulfillment. It is in thinking about and caring for others that we find satisfaction. This is contrary to the world that is consumed with self-love and self-centredness. Loving God and others is where freedom is found. Again, you can love yourself because God loves you, but don't be imprisoned in yourself. Look for ways to love and serve others. This will bring satisfaction and fulfillment to your life.

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GRIEVING MAN FINDS HOPE

Doug blamed himself for his mother's sudden death, which led to addictive habits. One night while intoxicated, he was severely injured in a car accident. See how God intervened in his darkest moment.



COUPLE EMBRACES PRAYER

Jennifer's baby had multiple birth defects, and she was asked if she wanted to terminate. After much prayer, Jennifer and her husband witnessed God's miracleworking power.



COMING CLEAN

Robin spent a lifetime using, cooking, and selling meth. When he was arrested for stealing copper and went to prison, he discovered Jesus offered a better way of life.



LOVE RESTORED

When Lindsey's emotional affair with a co-worker was uncovered, her husband gave her an ultimatum. See how God restored a marriage filled with hurt.

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- FaithTV Nationwide 9:00 a.m. and 9:00 p.m. CST
- JoyTV 10 Vancouver1:00 p.m. and 9:00 p.m. PST
- The Miracle Channel 9:30 a.m. MST



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CHECK YOUR LOCAL LISTING FOR CHANNELS AND TIMES IN YOUR AREA.

Striving to Thriving:

Making Your Marriage Stronger February 14 – 20

Join us as Neil and Sharol Josephson, Directors of FamilyLife Canada, discuss important issues affecting marriages today.

- Finances Household Chores
- Intimacy Kids Work or Time

With each of these conflicts or challenges, we will discuss practical tools and provide help and hope to marriages.

Don't miss this important week.



THE TENDER LOVE OF OUR SAVIOUR

We know what real love is because Jesus gave up his life for us. –1 John 3:16



By Gordon Robertson President and CEO

It's incredible to think how much God loves us. He is always with us and will never forsake us!

Sadly, some people can feel abandoned after going through conflict or crisis. They fall into destructive behaviour patterns and then wonder, "Why am I doing this? I know this doesn't work, but I feel compelled to do it."

Yet you can have a life of love and feel cherished by your Maker despite anything you have experienced.

Jesus loves you tenderly, like a little child. He loves you so much that He chose to die for you. He loves you individually and seeks you out. He will leave the 99 other sheep in the flock and come just for the one—to find you—because He wants you to be with Him for all eternity.

He will melt your heart with all its hardness, wounds, and secret places you've walled off. He's willing to do all of that because He loves you—tenderly.

Simply pray, "Jesus, please save me. I want to experience Your love. I want to know how tenderly You love me and how precious I am in Your sight. Open my eyes to see this truth. Open my ears to hear Your voice. Give me a heart of understanding that I may know the greatness of Your power and love toward me."

Faith always works through love. And when you have that revelation of His love, you have everything you need.

So, no matter what you've gone through—all the rejection, struggle, strife, hurt, and pain—bring it to the cross and leave it at the feet of Jesus. And He says, "I will fix it. I love you. Look at what love has done."

God bless you!



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