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**700 CLUB**  
CANADA

JUNE 2023 / 700CLUB.CA  
*Partners Sharing the Love of Christ*

HAPPY  
**FATHER'S**  
**DAY**

# FRONTLINES

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700 CLUB CANADA  
PARTNERS ARE  
TRANSFORMING  
LIVES IN ISRAEL



# The Powerful Name of Jesus

by BILL MARKHAM

Co-Host, *The 700 Club Canada*



The account of Jesus healing a demon-possessed man in Mark 5 is a vivid illustration of the influence

of unseen forces that affect our lives—both good and evil. Despite being perceived by some as mere superstition, the Bible asserts the reality of these forces. According to Ephesians 6:12, our struggles extend beyond physical battles and include a spiritual dimension that involves the rulers, authorities, powers of darkness, and spiritual forces of evil in the heavenly realms. These dark forces attempt to influence every decision and thought we make, often manifesting as anger, greed, lust, fear, and other destructive tendencies.

This Bible story serves as a cautionary reminder that reveals how these dark forces can isolate us and lead us into despair if we allow them to control us. It emphasizes the need for spiritual awareness to identify and resist them. The solution lies in the power of truth. Jesus, also known as the Word, confronts the evil holding the man captive and commands the impure spirits to depart. If you or someone you know is struggling with darkness that seems to be overwhelming them, take heart, for Jesus is the way, the truth, and the life (see John 14:6). May we all discover the strength and courage to call on the name of Jesus and embrace the power of truth in our lives today.

Revisit the book of Mark or listen to the song “I Speak Jesus” to allow faith in Christ to bring victory into your life today!

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# Breathe on Purpose

Try this stress-relief method!



What do you do when you're stressed, worried, depressed, or grieving? Some people reach for comfort food, while others might choose to sleep more than usual. But what if there was a healthy way to diminish your symptoms?

Dr. Jan Patterson, who coauthored *Breath for the Soul* with award-winning inspirational author Phyllis Clark Nichols, shared practical advice with *Healthy Living's* Lorie Johnson on letting go of what weighs you down. Not only breathing exercises, this book includes self-care tips centred around nutrition, movement, mindfulness, and spirituality.

Highlighting breathing, though, Dr. Patterson says by doing this type of exercise, “we can learn to be more relaxed, to think more rationally ... treat people more kindly, and just be able to do a better job at what we're trying to do.”

She adds that “when we take deep, slow, regular breaths using our abdomen, and not just our chest, that tells our body that we can relax. ... And when we do this on a regular basis, ... we're less and less likely to be anxious.”

Dr. Patterson explained exactly how to breathe in a purposeful way, known as the “4-7-8 breath”: “Inhale for four counts. ... Hold the breath for seven counts, and then exhale with a whoosh through the mouth for eight counts. And you repeat that four times and do it twice a day.” Over time, she says, “your body will become more responsive to it, and you'll be less anxious and less stressful.”

So, now that you know how to breathe intentionally, it's your turn to give it a try!

*Please consult your physician before making any changes to your health regimen.*





# DEMONSTRATING **GOD'S LOVE** TO HIS CHOSEN PEOPLE

700 CLUB CANADA PARTNERS ARE  
TRANSFORMING LIVES IN ISRAEL

May 14, 2023, marked the 75th anniversary of Israel, which was founded in 1948, not long after World War II ended. In its relatively brief history, this nation has faced significant challenges, including military fighting in 1948, 1967, and 1973, as well as difficulty that arises from building a country and economy from the ground up.

Despite facing many trials, Israel remains strong as a country and continues to embrace both its history and an innovative approach to the future.

Supporters of The 700 Club Canada have long stood with Israel and still do so, especially in the midst of rising global anti-Semitism and hostility against the Jewish nation. Donors give solely to help fund programs that are managed and operated by our partners who serve and minister in Israel, including these wonderful organizations:

## **FIRST CENTURY FOUNDATIONS**

By demonstrating the love of God through practical and humanitarian efforts, First Century Foundations supports over 70 ministries in Israel that are reaching out to their communities by distributing food and clothing, helping single mothers, and aiding Holocaust survivors. These ministries provide aid to a range of nationalities, including refugees and immigrants from Sudan, Russia, and neighbouring Arab countries. Often, people find Christ through the work of these ministries. Ninety percent of First Century Foundations' designated donations go towards supporting the needy in Israel.

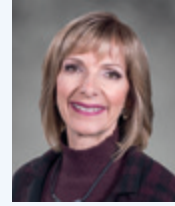
## **INTERNATIONAL FELLOWSHIP OF CHRISTIANS AND JEWS**

The International Fellowship of Christians and Jews of Canada is a leading Canadian religious charity that blesses Israel and the Jewish people around the world with humanitarian care and lifesaving aid. Over

# Cry Out to God

by LORIE HARTSHORN

Co-Host, *The 700 Club Canada*



Are you crying out to God for help? Perhaps you are facing difficult circumstances that are weighing you

down, or you are experiencing an internal battle within your mind. No matter what you are going through, God wants you to ask Him for help. We see this in the life of King David in the Bible who writes: **Hear my prayer, LORD, listen to my cry for help; do not be deaf to my weeping** (Psalm 39:12 NIV).

We can be assured that God not only hears our cry for help, but He is ready and willing to rescue us if we will reach out to Him and only Him. As long as we are looking to our own devices or giving in to Satan's schemes, we will not experience God's rescue. God knows the cry of a sincere heart. David continues:

**I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God** (Psalm 40:1-3).

Keep crying out to God for help and wait patiently for Him. He is working while you are waiting. He will rescue you. He will lift you out of the pit that you are in. He will put you on firm ground and place a new song in your mouth. Seek God—the only One who can truly save.



*Thank you for blessing people in need throughout Israel.*

the years, they have built bridges of goodwill that have led to greater understanding and cooperation between Christians and Jews. They have also helped thousands of Jews escape poverty and anti-Semitism and return to their biblical homeland, funded humanitarian assistance that has touched the lives of people in Israel and Jews around the world, and fulfilled biblical prophecy with their *Fellowship Freedom Flights* to the Holy Land.

## ISRAEL'S PEACE MINISTRIES

Israel's Peace Ministries connects with like-minded people who desire to support Messianic congregations in the nation of Israel. They recognize that the proclamation of the Gospel in Israel is done most effectively through the local Messianic congregations in Israel and, therefore, they support that local effort. By providing encouragement as well as funds and materials to this persecuted part of the body of Christ, they can support local leaders in proclaiming the Gospel.

## LEKET CANADA

In partnership with Leket Israel, the National Food Bank, Leket Canada helps support the leading food rescue organization in Israel. This organization is unique because it serves the poor in Israel and food banks worldwide by "rescuing" healthy, surplus food and delivering it to those in need through partner nonprofit organizations.



*Because of you, hungry families have food to eat.*

As CBA partners, you are the hands and feet of Christ, helping us share His love every day by providing much-needed food to so many hungry people throughout Israel.

Thank you for your generosity, your support, and your partnership in sharing the Gospel!

**We're here for you 24/7.  
Call 855-759-0700, or go to  
700Club.ca/Prayer**

# REAL PEOPLE. AMAZING STORIES.

FOR MORE INSPIRING TESTIMONIES TO LIFT YOUR SPIRIT VISIT:  
[700Club.ca](http://700Club.ca)



## CHOOSING TO FORGIVE

When JaLana discovered her husband was having an affair, she felt abandoned. Discover how God gave her the strength to forgive.



## IDENTITY IN CHRIST

Verbal abuse from his father led Dave down a path of pornography and drugs. But watch what happens when Jesus opens his eyes to truth.



## OVERCOMING ADVERSITY

Despite multiple miscarriages, Liz continued to rely on her faith. Don't miss her story of triumph!



## PRAYER WORKS

When Cole was hit by a drunk driver, doctors didn't think he would survive. See how God changed their minds with a miracle.

## JOIN US EVERY WEEKDAY

### Watch The 700 Club Canada Weekdays:

- VisionTV – Nationwide  
10:30 a.m. EDT
- FaithTV – Nationwide  
9:00 a.m. and 9:00 p.m. CDT
- JoyTV 10 – Vancouver  
1:00 p.m. and 9:00 p.m. PDT
- The Miracle Channel  
9:30 a.m. MDT



### Watch The 700 Club With Gordon Robertson Weekdays:

- JoyTV 10 – Vancouver  
11:00 a.m. PDT
- CBS KREM – Spokane  
9:00 a.m. PDT
- WUTV TV29 – Buffalo  
10:00 a.m. EDT
- WNYO TV49 – Buffalo  
1:00 p.m. EDT
- WMYD Detroit – Southwestern Ontario  
9:00 a.m. EDT



CHECK YOUR LOCAL LISTING FOR CHANNELS AND TIMES IN YOUR AREA.

## KEEPING THE VACATION PROPERTY

**Jerry and Diane had always assumed** that their family vacation property would be passed down to their children to be enjoyed for generations to come. They bought the property 40 years ago with the hope that it would be a place for quality fun and bonding with the family. **However, they recently learned from a friend that the appreciated value of the property could result in a significant tax bill for their estate.**

To address this issue, they turned to an organization called Advisors with Purpose, which was recommended to them by their favourite charity. The estate specialist from this organization helped them review their Will and estate and showed them how they could make a charitable donation

through the liquidation of other assets. **This would bring the tax bill on the vacation property down to “zero” and also allow them to donate a sizable portion of their estate to charities they cared about.**

In addition to fulfilling their wish of passing on the property to their family, this strategy allowed Jerry and Diane to redirect a considerable portion of their estate that would have gone to taxes towards several charities that were close to their hearts.

Advisors with Purpose can help you prepare a plan for your Will that leaves a legacy. It is free and confidential. There is no obligation, and no one will sell you anything.



Contact them today at  
[plan@advisorswithpurpose.ca](mailto:plan@advisorswithpurpose.ca)



# Plant the Seed of God's Word in Your Heart



*"A mustard seed ... grows up and becomes greater than all herbs."*

~MARK 4:31-32

by GORDON ROBERTSON  
President and CEO, CBN



**G**od declares several times in the Bible, *"Hear, O Israel."* The most important prayer in the Jewish faith begins with those words in Deuteronomy 6:4 and is called the Shema, which means "Hear."

How we need to hear God's Word! Jesus explained the parable of the sower by saying, *"The seed is the word of God"* (Luke 8:11).

Plant that seed deep in your heart, your spirit, your mind, and your body. Let it take root and grow in your life, for it brings life, health, and everything you need.

That's because God is in His Word. The Apostle John begins his gospel by saying, *"In the beginning was the Word, and the Word was with God, and the Word was God. And the Word became flesh and dwelt among us"* (John 1:1,14).

God is in His Word. The Word can become flesh in you,

and—amazingly—it can be just as powerful in you as it was in Jesus. When you have Jesus in your heart, you have the answer to every human need. The infinite possibilities that are with Him are available to you. For Jesus said in Matthew 19:26, *"With God all things are possible."*

Like a tiny mustard seed that grows into a tree, let His Word germinate in you and bring forth fruit that pleases Him. When you plant a wheat seed in a field, you expect to get wheat. When you plant a corn kernel, you expect to get corn. When you plant the Word of God, you get God, for He is in His Word. He is the healer. He is love. He is salvation. He is all of these things.

So let the living Word of God be made flesh in you. Let Him fill your life and become your all in all today and always. May God bless you.

*Excerpted from a teaching on The 700 Club. Scripture is from the NKJV.*

## ORACLES OF GOD

### THE STORY OF THE OLD TESTAMENT



The Bible is the best-selling book of all time, written over a period of 1,500 years in three languages by more than 40 writers. But what do we really know about the Bible's creation and preservation? *Oracles of God: The Story of the Old Testament* takes viewers on a breathtaking journey of discovery revealing the miraculous story of God's inspired Word.

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