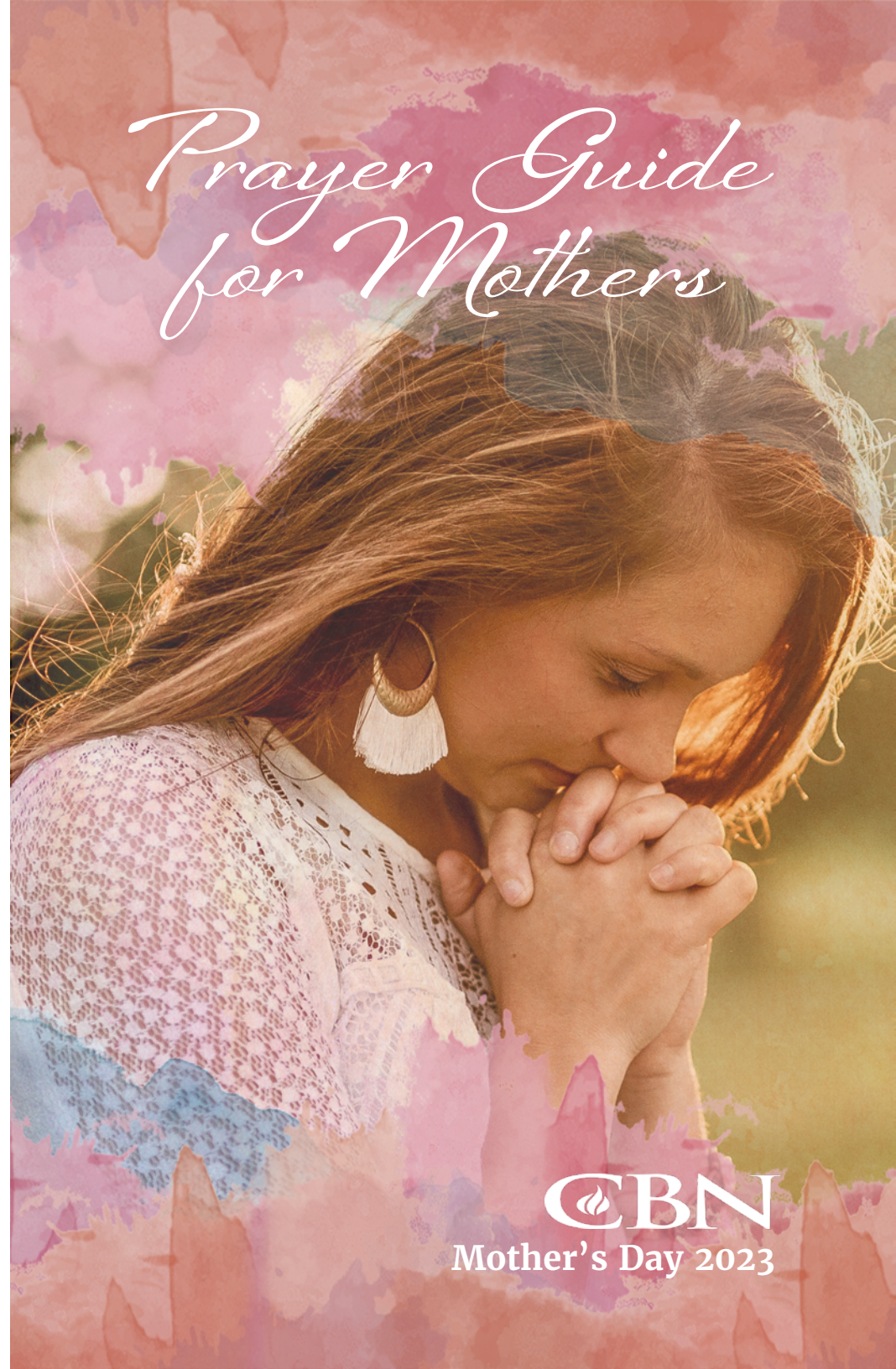


Prayer Guide for Mothers



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Mother's Day 2023



Introduction

Mother's Day can be a beautiful celebration or a painful reminder of hurt and loss. Whatever situation you find yourself in today, we pray that God brings you joy, peace, and comfort like only He can.

God has uniquely designed women to be mothers and to play a crucial role in our lives, even if they are not our biological mom! Maybe you have a woman who is a spiritual mother, a trusted confidant and friend, or a great support in times of trouble.

Mothers of all kinds are great examples of God's love for us, and we see their sacrificial serving and care through their words and actions.

Whether you're missing your mom, getting ready to celebrate, or finding this day a painful reminder of your situation, below you'll find prayers suitable for many of these circumstances.

For Mothers (adoptive, step, or biological moms)

Heavenly Father, we thank You for each woman in our lives who has been a great example of Your love! Thank You for our mom (or any woman who plays a motherly support role) and the woman You have designed her to be. We pray that You will continue to bless and strengthen her for Your glory. Please go before her and make her path straight and toward You. Let her know that her sacrifices and care for her family are beautiful ways to serve You, God. In Jesus' name. Amen.

For New or Soon-to-be Mothers

God, we lift up new moms and moms-to-be. We pray for protection and strength as she steps into this new role. Help her to feel fully supported by her community. Give her guidance and discernment as she begins this new journey. We ask that You bring godly women to her life to share wisdom and serve as mentors in this new season. Help her keep her eyes on You, Lord. In Jesus' name. Amen.

For Those Missing Their Mother

Lord, we know many out there are missing their mom today. Father, bring to their minds beautiful and happy memories to reflect on. Psalm 147:3 says, "He heals the brokenhearted and binds up their wounds." Please give peace and comfort that can only come from You to those hurting today. In Your Son's precious name, we pray. Amen.

For Those Longing to be a Mother

Father, we lift up the women longing to be moms. We pray that You would encourage their hearts and give them the strength to continue to trust in You and Your perfect timing. We ask for peace and protection over her heart. Let her feel Your presence and give her the strength to release this burden to You. We pray that she feels loved and cared for by You, heavenly Father. It is in Your Son's name that we pray. Amen.

For those whose relationship
with their mother (or a mother figure) is strained

God today is difficult for many who have had a challenging experience with their mother or motherly figures, and we ask that You give them comfort. Please help them to forgive and to move forward. You are loving and kind and never hurt us; please remind them of this beautiful truth! We pray for healing and restoration in the hearts of the broken. In Jesus' name. Amen.

Thanks and praise
to our heavenly Father – General

Father, thank You for who You are! Thank You for loving us unconditionally and for Your abounding grace. Father, as we navigate today, we ask You to protect our hearts and give us the strength You know we need. We thank You for never leaving us nor forsaking us. Help us focus our hearts on You and what You have for us so that we can glorify You in everything we do! In Your Son's precious and holy name, we pray. Amen.

Thanks and praise
to our heavenly Father for the privilege of
motherhood (no matter our circumstances)

Father, thank You for the amazing privilege of being a mom! Thank You for trusting me with my children (or spiritual children). I understand that they really belong to You, and I'm so grateful for the opportunity to speak into their lives and help shape them to be someone following hard after You! Give me the strength, wisdom, and discernment that it takes to be in this position. Help me to focus on You and the calling You've placed on me when I feel like I'm not enough. In Jesus' name. Amen.

Guided Prayers

No matter your circumstances, God is your heavenly Father. Below is a guided prayer for you to pray for yourself.

Personal Guided Prayer – Psalm 143:8

Father, Psalm 143:8 says, “Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life.”

Thank You for Your unfailing love for me. Thank You for going before me and providing a way in all circumstances. I ask You to guide my steps and help me focus on You daily. You alone are perfect and the only One in whom I can put my worth. Thank You for calling me out of the darkness into the light.

Lord, I ask that You give me the strength and courage to focus on what You have for me. I ask You to remove the barriers that keep me from focusing entirely on You! Father, You are so good, and I’m so thankful to be called Your child! It’s in Your Son’s name, I pray. Amen.

Guided Prayers For Women

God designed women for a unique role that only they can play. A great way to pray for these women is to pray Scripture over them. Over the next few pages, we’ve provided guided prayers that you can use for any of the women in your life (no matter their role)! Use the name of the woman you’re praying for in the blank spaces.

Guided Prayer 1

Deuteronomy 6:1-9

Father, Your Word tells us these are commands, decrees, and regulations that You have commanded us to know. I pray Deuteronomy 6:1-9 for _____ (insert the name of the woman you are praying for today) as she serves her family.

You have called us to love You with all our heart, all our soul, and all our strength, so I ask that You give _____ a heart that loves You fully, a soul that longs to be closer to You, and the strength to lead and to love that can only come from You!

“These are the commands, decrees, and regulations that the Lord your God commanded me to teach you. You must obey them in the land you are about to enter and occupy, and you and your children and grandchildren must fear the Lord your God as long as you live. If you obey all his decrees and commands, you will enjoy a long life. Listen closely, Israel, and be careful to obey. Then all will go well with you, and you will have many children in the land flowing with milk and honey, just as the Lord, the God of your ancestors, promised you.

“Listen, O Israel! The Lord is our God, the Lord alone. And you must love the Lord your God with all your heart, all your soul, and all your strength. And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. Tie them to your hands and wear them on your forehead as reminders. Write them on the doorposts of your house and on your gates.”

Father, help _____ to do what Your Word says and commit herself wholeheartedly to these commands. Lead her as she serves her family and community. In Your Son's name, I pray. Amen.

Guided Prayer 2

Proverbs 31:25

Father, I pray Proverbs 31:25 over _____

(insert the name of the woman you are praying for today).

“She is clothed with strength and dignity, and she laughs without fear of the future.”

Father, I ask that You give strength to _____.

Remind her that You have set her apart—that she is a chosen daughter of the Living King! Give her the courage to face each day without fear as she trusts in You completely for all her needs. It’s in Your Son, Jesus Christ’s name, I pray. Amen.

Guided Prayer 3

1 Peter 3:4

Father, I pray 1 Peter 3:4 for _____

(insert the name of the woman you are praying for today) today. “You should clothe yourselves instead with the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God.”

Let _____ find her worth in You and understand she is beautiful because You uniquely designed her in Your image! Give her a gentle spirit that seeks You all day long. Comfort her and give her the peace she longs for. In Jesus’ name. Amen.

Guided Prayer 4

2 Corinthians 1:3-4

Heavenly Father, 2 Corinthians 1:3-4 says, “All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.” I pray that _____
(insert the name of the woman you are praying for today)
feels Your comfort today.

When _____ is scared, lonely, or anxious, I ask You to remind her of this beautiful truth from Your Word. Let her heart overflow with the comfort that only You offer. In Jesus’ name. Amen.

Guided Prayer 5

Proverbs 31:29-31

God, I lift _____ (insert the name of the woman you are praying for today) up to You today. Proverbs 31:29-31 says,

‘There are many virtuous and capable women in the world, but you surpass them all!’ Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised. Reward her for all she has done. Let her deeds publicly declare her praise.

Thank You for _____. Thank You for putting _____ in my life as my _____
(insert the role she plays in your life). She is virtuous and strong. Her beauty is from deep within, and her spirit is kind. Thank You for making her who she is. Thank You for our relationship. I ask that You bless her, her family, and all she does in Your name. Father, I ask that she feels Your presence and guidance every step of the way. Lead her path and keep her eyes on You! In Your Son’s name. Amen.