

A photograph of a father carrying a young girl on his shoulders. They are both seen from behind, standing on a grassy hill overlooking a body of water at sunset. The girl has her arms outstretched horizontally. The scene is bathed in the warm, golden light of the setting sun.

PRAYER GUIDE

FOR FATHERS



Introduction

God calls men to an important role as a father or father-like figure. He has called men to be the godly leaders of their homes, to be loving, strong protectors of their families. Godly men are great examples of God's love for us, whether they are biological fathers or play that role in our life. We celebrate what God's design is for men and want to encourage and pray for all men to step deeper into their roles.

Fathers and father-like figures, we are grateful for you! You've sacrificed and given so much to lead your family well and to share the love of Jesus with those God has entrusted you with. Your answer to the call that God has given you is shaping their eternity.

Even if you feel like you've failed at times, be encouraged and let God lead you as you grow in this role. God is using you, and He is a good Father. Find your strength in Him and focus on moving forward and leading your family the way He has designed you to lead.

Following are prayers for various situations to pray for yourself or for the men in your life.



A SPECIAL PRAYER FROM GORDON ROBERTSON FOR FATHERS TO PRAY OVER THEIR CHILDREN

My Father, who breathed life into Adam, and breathed life into me,

You commanded us to be fruitful and multiply (Genesis 1:28), You commanded us to teach Your commandments to our children (Deuteronomy 11:19), and You commanded us to teach them to observe all the things that You have commanded us (Matthew 28:20). You commanded these things so the world would not be desolate but filled with people; people who would know Your Name and bring honor to You, our Father.

My heavenly Father, I ask that You hear my cry, and be gracious to me, for I plead on behalf of my children. Grant that they may be fruitful and multiply, that their children and grandchildren be filled with love so that they may fulfill Your commandment to love one another. Open the eyes of their understanding that they may know You and the greatness of Your power towards those that believe.



Grant us all long life and be gracious to us and be merciful to us. Remember us all in mercy and grant us eternal life in You. As Abraham prayed for Ishmael, I pray for my children, may they live before You. May they enjoy peace, truth, and goodness, may they have favor in Your eyes and in the eyes of those around them. May they know You and Your Scriptures, and may they serve You not just with outward observance, but inwardly may they hold You in awe.

Provide all their needs according to Your riches in heaven. May they have health, kindness, and honor. From all that You provide, may they be quick to share with those in need, and may their lives be marked by charity.

As You provided a spouse for Isaac, may You also provide God-fearing spouses for my children and grandchildren. May their spouses enjoy every blessing that I request since they will now be joined to my family and to the generations that follow. May Your love, favor, and blessing flow through their generations until there are no more generations.

May these words of my mouth and the meditations of my heart be acceptable to You, my God. May Your covenant be established for my children: “My Spirit who is upon you, and My words which I have put in your mouth, shall not depart from your mouth, nor from the mouth of your descendants, nor from the mouth of your descendants’ descendants,” says the Lord, “from this time and forevermore.”

Amen



FOR FATHERS

Father, we thank You for each man in our lives who has been a great example of Your love! Thank You for our father (or any man who plays a fatherly role in our life) and the man You have designed him to be. We pray that You will continue to bless him and build him up in You for Your glory. We ask that You continue strengthening him as he sacrifices to serve our family well. In Jesus' name. Amen.

FOR NEW OR SOON-TO-BE FATHERS

God, we lift up new fathers and fathers-to-be. Build them up to be the father You have designed them to be. We pray for other godly men to help mentor and model godly fatherhood for them. Give them the strength that can only come from You. In Your Son's name. Amen.

FOR THOSE LONGING TO BE A FATHER

Father, we lift up the men longing to be dads. We pray that You would encourage their hearts and give them the strength to continue to trust in You and Your perfect timing. We ask for peace and protection over them and their hearts. Let each feel Your presence and give them the strength to release their burdens to You. We pray that they feel loved and cared for by You, Heavenly Father. Remind them that they can be father-like figures as they mentor and lead kids in their lives, pointing them toward You. It is in Your Son's name that we pray. Amen.



THANKS & PRAISE TO OUR HEAVENLY FATHER

Father, thank You for who You are! Thank You for loving us unconditionally and for Your abounding grace. Father, as we navigate today, we ask You to protect our hearts and give us the strength You know we need. We thank You for never leaving us nor forsaking us. Help us focus our hearts on You and what You have for us so that we can glorify You in everything we do! In Your Son's precious and holy name, we pray. Amen.

FOR THOSE MISSING THEIR FATHER

Lord, we know many out there are missing their earthly fathers today. Father, bring to their minds beautiful and happy memories to reflect on. Please give peace and comfort that can only come from You to those hurting today. In Your Son's precious name we pray. Amen.

FOR THOSE WHO HAVE BEEN HURT BY THEIR FATHER

God, today is difficult for many who have had a challenging experience with their earthly fathers or those who played a father role. We pray that You comfort them and remind them that You are not like man, and are always kind, loving, and full of grace and mercy. We pray for healing and restoration in the hearts of the broken. Remind them of how You are forgiving, and help them to forgive their earthly father in the same way. Please bring peace to their heart. In Jesus' name. Amen.

A brown patterned necktie with a repeating diamond and dot motif is draped diagonally across the left side of the image. Below it, a black leather wallet with a textured surface and a button closure is partially visible. The background is a dark brown, textured fabric. On the right, a framed chalkboard contains text.

Guided Prayer **FOR MEN**

God designed men for a unique role that only they can play in a family dynamic. A great way to pray for these men is to pray Scripture over them, so below, we've provided guided prayers that you can use for any of the men in your life! Use the name of the man you're praying for in the blank spaces.

Men, you can also pray this over yourself!



Guided Prayers

No matter your circumstances, God is your Heavenly Father. Below is a guided prayer for you to pray for yourself.

PERSONAL GUIDED PRAYER

Psalm 103:13

Father, Psalm 103:13 says, *“The Lord is like a father to his children, tender and compassionate to those who fear him.”* Thank You for being my heavenly Father and treating me with compassion and kindness. Thank You for calling me out of my old life and into a new life where I am made new in You! Despite what my earthly father looks like, You alone, God, are perfect and the only one who can define my worth. Help me embrace this truth fully and never put godly expectations on anyone.

Father, I ask that You give me the strength and courage to focus on what You have for me. I ask You to remove barriers that keep me from focusing entirely on You! Father, You are so good, and I’m so thankful to be called Your child! It’s in Your Son’s name, I pray. Amen.

GUIDED PRAYER 1

Deuteronomy 6:1-9

Father, Your Word tells us these are commands, decrees, and regulations that You have commanded us to know. I pray Deuteronomy 6:1-9 for _____ (insert the name of the man you are praying for today) as he leads his family.

You have called us to love You with all our heart, all our soul, and all our strength, so I ask that You give _____ a heart that loves You fully, a soul that longs to be closer to You, and the strength to lead and to love that can only come from You!

“These are the commands, decrees, and regulations that the LORD your God commanded me to teach you. You must obey them in the land you are about to enter and occupy, and you and your children and grandchildren must fear the LORD your God as long as you live. If you obey all his decrees and commands, you will enjoy a long life. Listen closely, Israel, and be careful to obey. Then all will go well with you, and you will have many children in the land flowing with milk and honey, just as the LORD, the God of your ancestors, promised you.

“Listen, O Israel! The LORD is our God, the Lord alone. And you must love the LORD your God with all your heart, all your soul, and all your strength. And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. Tie them to your hands and wear them on your forehead as reminders. Write them on the doorposts of your house and on your gates.

Father, help _____ to do what Your Word says and commit himself wholeheartedly to these commands. Help him to know You intimately, that Your Word would be so rooted in his heart that Your truth comes to him easily as he guides and leads his family. In Your Son's name, I pray. Amen.

GUIDED PRAYER 2

Ephesians 6:11–18

God, I lift _____ (insert the name of the man you are praying for today) up to You today. I ask that You put Your full armor on him today and every day!

Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground, putting on the belt of truth and the body armor of God's righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.

Equip _____ according to what he needs to serve You and his family. Let him start each day with Your truth. Give him the strength to only speak Your truth. Let him stand firm when opposition comes. Give him peace and help him respond with gentleness and unwavering faith in Your Son. When he feels like he can't stand his ground, give him the sword of Your Spirit to speak Your Words of truth to those who speak against Your ways. Equip him with your belt of Your truth and body armor of Your righteousness. Help him remember that he is Yours. Bring Your Word and Your peace to his mind when he faces difficulties of the day. In Your precious Son's name. Amen.

GUIDED PRAYER 3

Genesis 18:19

Father, I pray Genesis 18:19 over _____ (insert the name of the man you are praying for today). *“I have singled him out so that he will direct his sons and their families to keep the way of the LORD by doing what is right and just. Then I will do for Abraham all that I have promised.”*

Father, help _____ understand that you have chosen him specifically for this role. Build him up and encourage him to lead his household well and in Your ways, Lord. I ask that You give him the patience and peace he needs to serve his family and glorify You, God. It’s in Your Son, Jesus Christ’s name, I pray. Amen.

GUIDED PRAYER 4

Joshua 1:9

Father, I pray Joshua 1:9 for _____ (insert the name of the man you are praying for today) today. *“This is my command—be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go.”* Please give _____ strength and courage that only comes from You. Let him feel Your presence in every situation and circumstance. Let his first action be to turn to You in times of trouble and joy. In Jesus’ name. Amen.

GUIDED PRAYER 5

Proverbs 14:26

Father, Proverbs 14:26 says, *“Those who fear the LORD are secure; he will be a refuge for their children.”* I ask that You strengthen the relationship that _____ (insert the name of the man you are praying for today) has with You. I pray that he feels the security that only You provide. Let him lean into the role You’ve designed for him and shape him into a godly man who serves and honors You. I pray his children find him to be a safe place of comfort here on earth as he leads them toward You! In Jesus’ name. Amen.

GUIDED PRAYER 6

Joshua 24:15

God, I lift _____ (insert the name of the man you are praying for today) up to You today as the leader of his household. Please keep his eyes focused on You and his heart determined to live a life that honors You. I lift up his family, especially his children, and ask that You use him as a vessel to bring his children to a real and intimate relationship with Jesus. Your Word says in Joshua 24:15, *“But if you refuse to serve the Lord, then choose today whom you will serve. Would you prefer the gods your ancestors served beyond the Euphrates? Or will it be the gods of the Amorites in whose land you now live? But as for me and my family, we will serve the Lord.”* So, I ask that You strengthen _____ to answer with the same passion and goal that he and his household will serve the Lord! In Your Son’s precious name, I pray. Amen.



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