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GENEROUS
PARTNERS ARE
INSPIRING
AUDIENCES
WITH STORIES
OF FAITH



Lessons From Daniel

by BILL MARKHAM

Co-Host, *The 700 Club Canada*



In the midst of an ideological war and societal challenges, we find ourselves living in a metaphorical

Babylon. However, just as the biblical figure Daniel navigated a foreign land that did not align with his faith, we too have a responsibility to live as citizens of God's kingdom. Rather than conforming to societal norms, we can emulate Daniel by staying true to our beliefs and acting in ways that honour God, regardless of our circumstances.

Daniel placed his trust in God's goodness. This trust sustained him during challenging times, inspiring him to persevere and maintain hope. Similarly, we are encouraged to trust in God's ultimate plan, even when we don't see immediate results. By doing so, we can strengthen our faith.

Daniel's devotion to God did not go unnoticed. His story left an indelible mark and was recorded in the annals of Babylon. In fact, we see the ripple effects of Daniel's faithfulness through the wise men. This reminds us that our own faithfulness toward God can transform our lives, as well as others.

By keeping our trust in God and refusing to compromise our convictions, we can navigate the difficulties of this world as citizens of heaven. Let us strive to be a light in the darkness, reflecting His love and truth to those around us.

follow 700 Club Canada



TOXIC SUPERFOODS

Are they making you sick?



Can too much of a good thing be actually bad?

For Sally Norton, author of *Toxic Superfoods: How Oxalate Overload Is Making You Sick—And How to Get Better*, regular servings of her two favourite staples, sweet potatoes and Swiss chard, made her ill. That's because an abundance of oxalates, or oxalic acid, an organic compound found in most plants, can create severe health problems.

"I was struggling with foot pain," she said. And for three decades, she continued to have various health issues, including debilitating arthritis. But today, after being on a low-oxalate diet, Norton can now run and even go barefoot.

Other people battle oxalate-related conditions such as kidney stones, brain fog, insomnia, and even osteoporosis, Norton told *Healthy Living's* Lorie Johnson.

Norton says your doctor most likely "thinks in terms of matching a symptom to a certain kind of syndrome or diagnostic label and then matching that diagnostic label to a certain kind of remedy that's usually a pharmaceutical prescription. So, they're not in this mindset of 'there's a root cause, something is messing with your body, what could it be?'"

She adds, "Some people get into an almond kick, or they go on a wheat-free or a gluten-free diet, and the gluten-free substitutes tend to all be high in oxalate. Same with a dairy-free diet."

How, then, can you eat a balanced, healthy meal? "Get familiar with what foods are the suspicious high-oxalate foods," she says. "And in my book and on my website, there are various tables and charts available." Visit SallyKNorton.com for more helpful information.

Be sure to consult your physician before making any dietary changes.

CAPTURING UNIQUE MIRACLES ACROSS TIME

Generous partners are inspiring filmgoers with stories of faith



Audiences worldwide are witnessing the extraordinary work of God come alive through CBN Films. Together, with the incredible kindness of friends like you, we are going beyond the broadcasting studio to produce high-quality, compelling documentaries that encourage and inspire viewers around the world.

CBN Films' *Oracles of God: The Story of the Old Testament* explores the fascinating history of the Bible. Writer and director Erin Zimmerman offers us a small glimpse at the origin of this profound book.

"The text of the Bible has been meticulously recorded, copied, and translated over thousands of years, and we can trust in the accuracy of that text," she explained. "We have the Bible because of the work of the Jewish people, from Moses to the Israelite kings and the scribes who copied the Dead Sea Scrolls."

Producer and director Jarrod Anderson shares the importance of creating films that are historically accurate and biblically sound.

"Rather than over-exaggerating true stories to make them more interesting, we seek to tell each story with candor," he said. "Truthfulness gives a certain power and weight to our stories because our subjects feel like real people. That, I think, inspires people even more."

TO LEARN MORE ABOUT FUTURE PRODUCTIONS,
VIEW TRAILERS, OR MEET OUR CREATIVE TEAM VISIT

CBNFilms.com

*"I have never seen that
many people in our theater.
Thank you for producing
a film of this caliber."*

Here is what audiences are saying about these remarkable productions CBN partners are helping to share with the world.

"I learned so much from *Written in Stone: Secrets of the Temple*," said one viewer. "Your DVDs give people who will never get a chance to visit the Holy Land beautiful videos of the land."

After watching *I Am Patrick*, a viewer in an assisted living facility said this about the biographical account of St. Patrick: "I have never seen that many people in our theater. Thank you for producing a film of this caliber."

You're also entralling audiences with powerful films such as *Made in Israel*, which received three Emmy nominations, and *The Hope: The Rebirth of Israel*.

Zimmerman shared her purpose behind filmmaking. "I believe my personal calling is to support the Jewish people and the State of Israel, and God chose to have me do that through the film industry," she shared. "We are living in a unique and wonderful time in which Christians and Jewish people are reconciling and uniting in a way that hasn't been possible before. It's my prayer that CBN Films can play some small role in that."

The impact of CBN Films is evident in the viewer response.

"This is the best documentary I have ever seen!" a person commented on *In Our Hands: The Battle for Jerusalem*. "You can see the fingerprints of God on Israel and its history."

Another viewer who saw *Made in Israel* responded, "Make more of these films!"

Families enjoy watching movies together. That's why compassionate supporters like you are helping to produce faith-driven content like *The Asbury Awakening*, a documentary that describes the recent revival in Wilmore, Kentucky.

Zimmerman gives the credit to our generous CBN partners. "We depend on them, not just for financial support, but also for prayer support," she said. "I also love how enthusiastically they spread the word about our films, many times buying several copies to give to families and friends."

Thank you for the wonderful impact you are making by sharing inspirational documentaries across the globe. Your ongoing generosity is also providing nutritious food, clean water, medical aid, and disaster relief to those in desperate need. Most important, you're leading people to Jesus through informative, Christ-centred content.

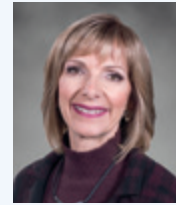
Cover art taken from the set of
Oracles of God: The Story of the Old Testament

THE 700 CLUB CANADA

The Power of Contentment

by LORIE HARTSHORN

Co-Host, *The 700 Club Canada*



We live in a culture where contentment runs thin. Many people compare themselves to others and don't appreciate what they already have. Nowadays, all it takes to breed discontentment is one click away on Amazon or the ads in our social media feeds.

The Apostle Paul encourages us to pursue contentment rather than wealth. He explains, "**Godliness with contentment is great gain**" (1 Timothy 6:6).

Godliness grows in our lives as we seek to become more like God. And one of the characteristics of a person pursuing God is contentment. Contentment is a gift because it brings peace and perspective. Paul reminds us that **we brought nothing into the world, and we can take nothing out of it** (1 Timothy 6:7).

Paul isn't saying this because he never struggled with it. Contentment doesn't come naturally. He had to learn how to be content. In Philippians 4:12-13, he shares, **"I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength."**

The good news is that we can all learn to be content. The secret is Jesus. He gives us all we need, so we don't long for anything more. If we pursue Christ, we will be content.

Scripture is quoted from the NIV.

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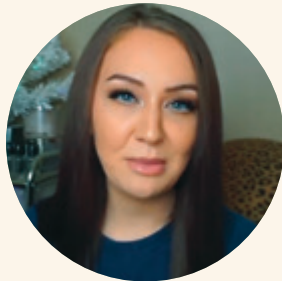
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EXPERIENCING TRUE PEACE

While facing an abusive marriage, cancer, and mounting debt, Matika struggled to find joy in her life. Watch how God came through for her despite these challenges.



NO MORE GUILT

At a young age, Montana started dancing at a strip club and having sex for money. After two years, she prayed for a way out. See how the Lord rescued her from a life of destruction.



A MIRACULOUS HEALING

After having a large brain tumor removed, Eve was expected to have serious side effects, but God was in control.



FAITH THAT ENDURES

When Christy learned that she was adopted, she used meth as a way to cope with her anger and loneliness. But Jesus promised something better. Enjoy this powerful testimony!

JOIN US EVERY WEEKDAY

Watch The 700 Club Canada Weekdays:

- VisionTV – Nationwide
10:30 a.m. EDT
- FaithTV – Nationwide
9:00 a.m. and 9:00 p.m. CDT
- JoyTV 10 – Vancouver
1:00 p.m. and 9:00 p.m. PDT
- The Miracle Channel
9:30 a.m. MDT



Watch The 700 Club With Gordon Robertson Weekdays:

- JoyTV 10 – Vancouver
11:00 a.m. PDT
- CBS KREM – Spokane
9:00 a.m. PDT
- WUTV TV29 – Buffalo
10:00 a.m. EDT
- WNYO TV49 – Buffalo
1:00 p.m. EDT
- WMYD Detroit –
Southwestern
Ontario
9:00 a.m. EDT



CHECK YOUR LOCAL LISTING FOR CHANNELS AND TIMES IN YOUR AREA.

HOW TO WATCH CBN FILMS ON CBN FAMILY

- Download the free CBN family app from the App Store or Google Play.
- Register your username, password, and other requested information.
- Follow the easy step-by-step instructions.
- From your electronic device, log in and browse the available selections.
- At the top of the screen on the left side, click CBN Films.
- Decide the film you wish to view. Watch and enjoy!



FROM PRAISES TO MIRACLES



Not My will, but Yours, be done.

~LUKE 22:42

by GORDON ROBERTSON
President and CEO, CBN



It's easy to praise God when miracles happen. Yet sometimes miracles have stages, and those stages can be trying. So if you're having a dark night of the soul, wondering if you did something wrong or if God is with you—here's a Bible story for you.

In John 9:2, Jesus was asked why a man was born blind. The question wasn't asked by Jesus' accusers, the Pharisees, but by His own disciples. They had a theological question: *"Who sinned, this man or his parents, that he was born blind?"*

They couldn't figure it out. If his parents' sin resulted in their son being born blind, how was that just for him? But if it was because the man himself sinned, was it fair to make him blind in advance of his sin? The disciples struggled with the answer.

You and I may ask similar questions when bad things happen to us. Yet I love Jesus' answer in verse 3: *"Neither."* He continues, *"He was born blind so that God's works might be revealed in him"* (NRSV).

Remember, Jesus' sacrifice has cleansed you from all

unrighteousness. He forgives all your iniquities. If you've done something wrong, confess it and receive His free gifts of salvation and forgiveness. He doesn't want to hold anything against you. When we have that freedom, we can move forward.

Sometimes, the next stage is really hard. It's a Garden of Gethsemane moment where we tell God, "No matter what, I'm going to serve You and praise You. I will do whatever You ask me to do." As Jesus prayed in Luke 22:42, *"Not My will, but Yours, be done."*

And then in faith, we need to praise God. Psalm 22:3 declares, *But You are holy, enthroned in the praises of Israel.* And it's in the presence of God that miracles happen.

So let that be your stage today. The Lord inhabits the praises of His people. If you think God is far from you, put on a garment of praise and begin worshiping Him. And in that, you'll have His presence, healing, forgiveness, and everything that He has for you. God bless you!

Excerpted from a teaching on The 700 Club. Scripture is quoted from the NKJV except as noted.

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