

# Turn God's Promises Into Prayer

Use this activity as a starting point for a heartfelt conversation with God.

"Dear Lord, \_\_\_\_\_

\_\_\_\_\_

But Your Word says \_\_\_\_\_

\_\_\_\_\_

Help me to \_\_\_\_\_

\_\_\_\_\_. Amen."

Example:

"Dear Lord, I feel anxious and overwhelmed.

But Your Word says that all of my worries are safe in Your care. Help me to walk in that truth today. Amen."

*Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us.*

~1 John 5:14 NKJV

THE  
**700**  
CLUB  
CANADA

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P.O. BOX 700 SCARBOROUGH, ON M1S 4T4  
700CLUB.ca | PRAYER MINISTRY CENTRE: 855-759-0700

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# Finding Strength in God's Truth



CBA'S WEEK OF  
**PRAYER**



## A Powerful Way to Pray

- Tell God what's on your heart.
- Declare His promises over your specific needs with the corresponding Bible verse.
- Allow the Word to transform your prayer life.

## My Circumstances vs. God's Faithfulness

**I feel anxious and overwhelmed.**

*Give all your worries and cares to God, for he cares about you.*

~1 Peter 5:7

**I feel alone and forgotten.**

*God has said, "I will never fail you. I will never abandon you."*

~Hebrews 13:5

**I am worn out and need renewal.**

*Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."*

~Matthew 11:28

**I am waiting for change or a breakthrough.**

*Those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.*

~Isaiah 40:31

**I need physical healing.**

*Let all that I am praise the Lord; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases.*

~Psalm 103:2-3

**I am facing spiritual warfare.**

*Put on all of God's armour so that you will be able to stand firm against all strategies of the devil.*

~Ephesians 6:11

**I don't know which direction to take.**

*Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.*

~Proverbs 3:5-6

**I feel weighed down by fear and doubt.**

*"Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you."*

~Isaiah 41:10

**I need forgiveness and a fresh start.**

*If we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.*

~1 John 1:9

**I feel unworthy and discouraged.**

*The LORD your God is living among you. He is a mighty saviour. He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs.*

~Zephaniah 3:17

**I long for restoration in a strained relationship.**

*Hatred stirs up quarrels, but love makes up for all offenses.*

~Proverbs 10:12

**I am having financial difficulties.**

*And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.*

~Philippians 4:19